

**History of an idea 1983-2023:**

**“Adolescence-Limited” and**

**“Life-Course Persistent”**

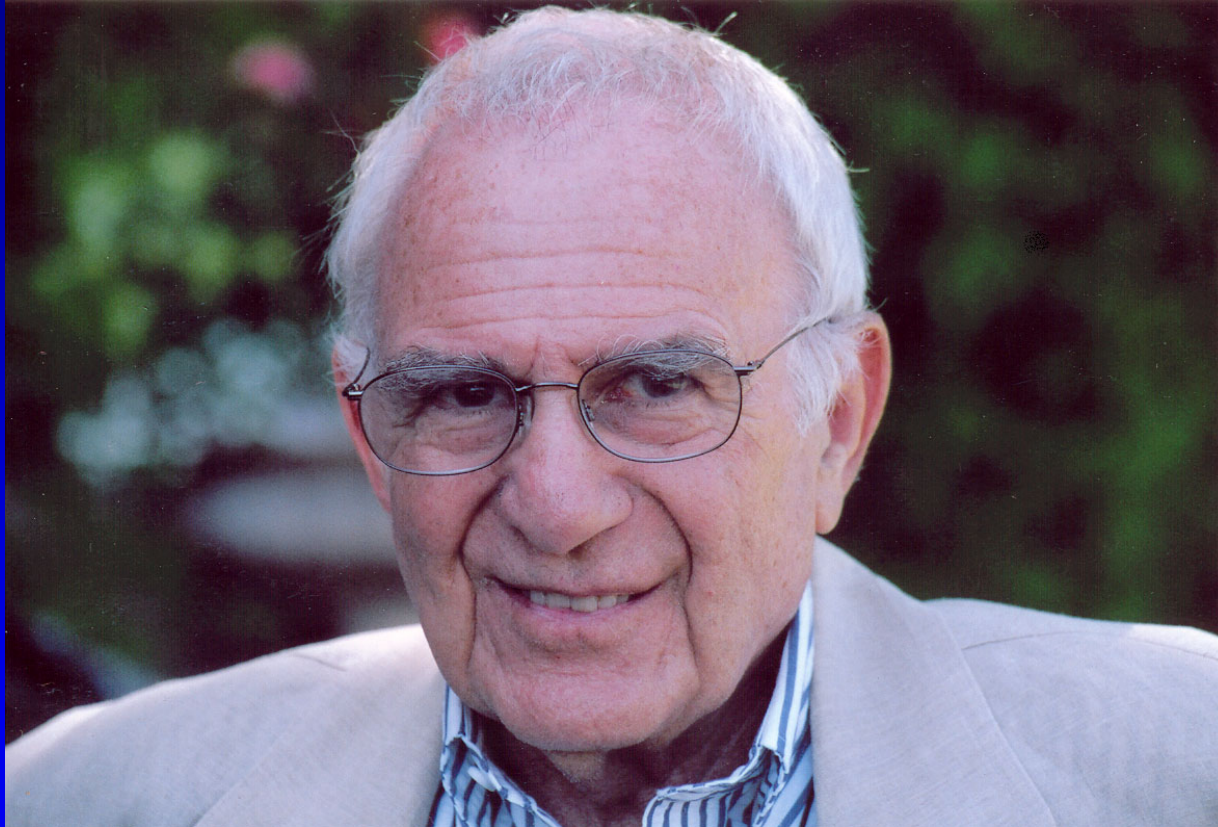
**antisocial behaviour**

**Terrie Moffitt, October 2023**

# Why speak with your Board of Parole Hearings?

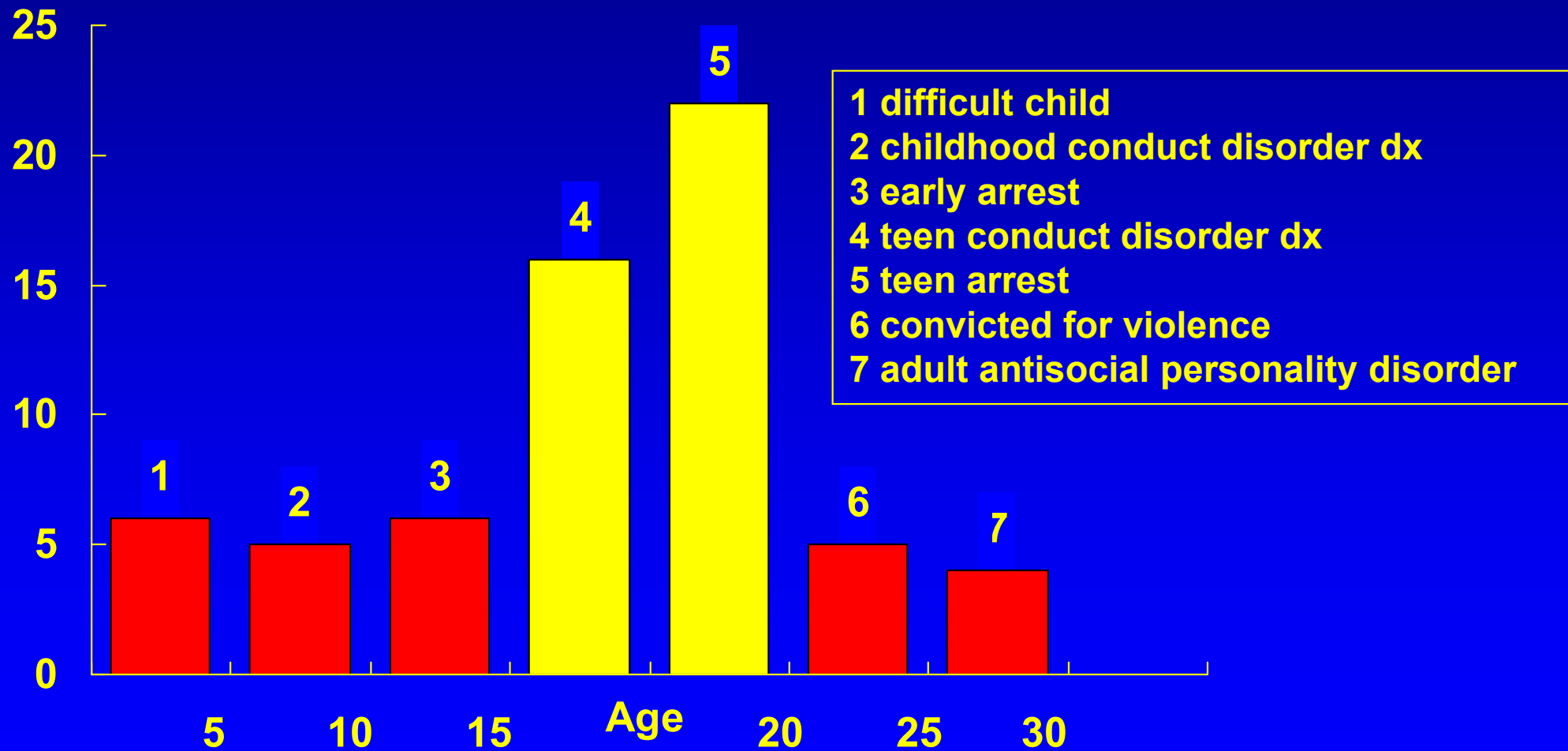
- Long road from research to application in clinical and judicial practice
- Is this research being used?
- Is use a close match to the original science?

# Sarnoff Mednick



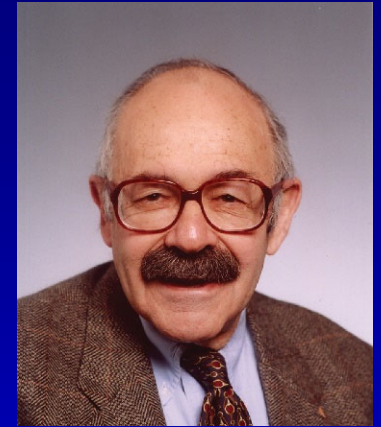
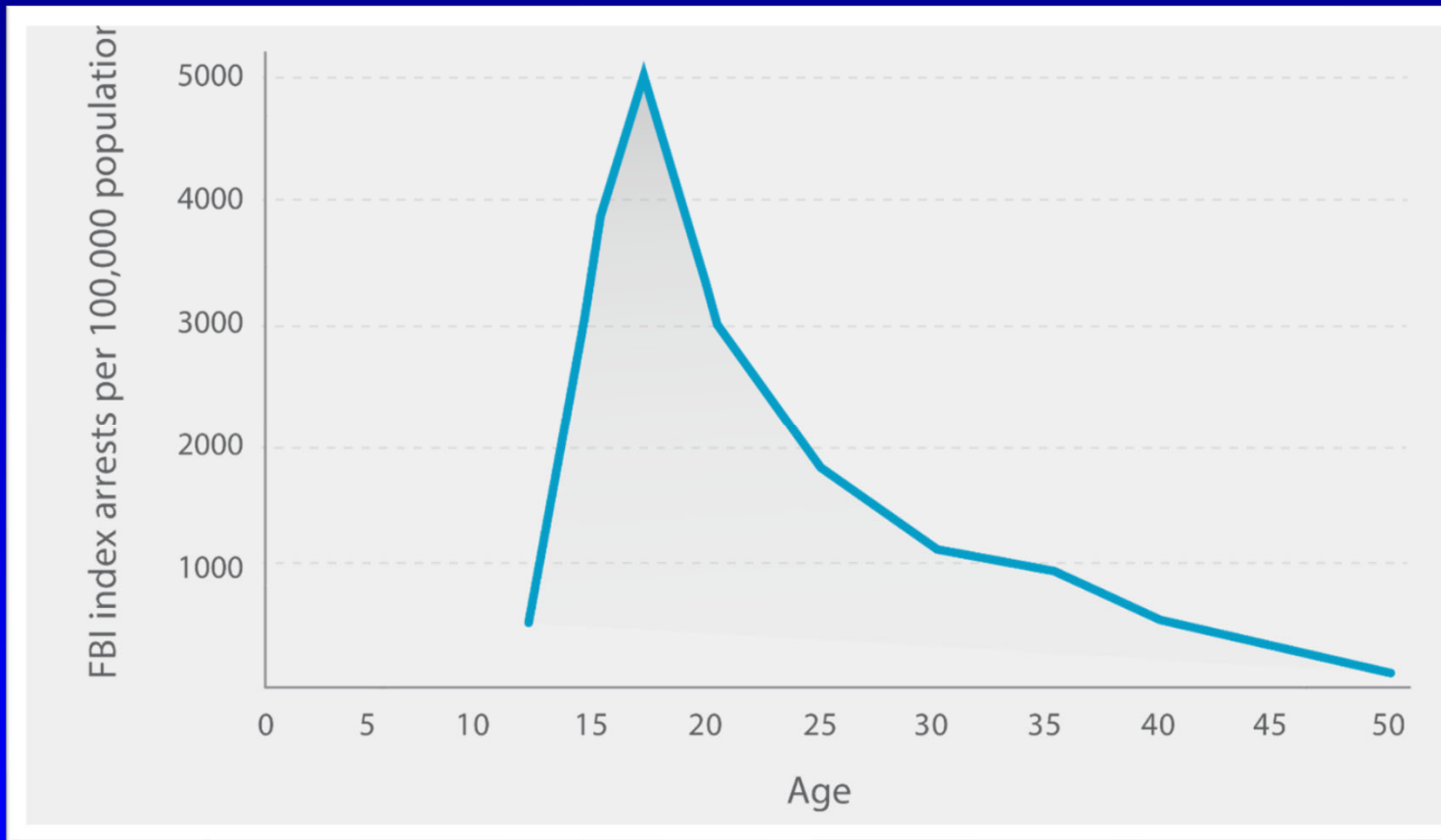
# 1980's: What psychology knew: The cross-sectional prevalence of male antisocial behaviour

Percent





## 1980's: The curve of official crimes over age



Al Blumstein,  
Carnegie Mellon



David Farrington,  
Cambridge Univ.

*Dunedin, New Zealand*





# The Dunedin Multidisciplinary Health and Development Study



# Dunedin Study Design

Age	Year	Number	Percent*
Birth	1972-73		
3	1975-76	1037	<b>100%</b>
5	1977-78	991	96
7	1979-80	954	92
9	1981-82	955	92
11	1983-84	925	90
13	1985-86	850	82
15	1987-88	976	95
18	1990-91	993	97
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26	1998-99	980	96
32	2004-05	972	96
<b>38</b>	<b>2010-12</b>	<b>961</b>	<b>95</b>
<b>45</b>	<b>2017-2019</b>	<b>938</b>	<b>94%</b>
<b>52</b>	<b>2024-2026</b>	<b>??</b>	<b>??</b>

\* Percent assessed,  
of those who were  
alive at each age.

# Dunedin Study Design

Birth to  
age 11

Age	Year	Number	Percent*
Birth	1972-73		
3	1975-76	1037	100%
5	1977-78	991	96
7	1979-80	954	92
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45	2017-2019	938	94%
52	2024-2026	??	??



# Dunedin Phase 13: 1985

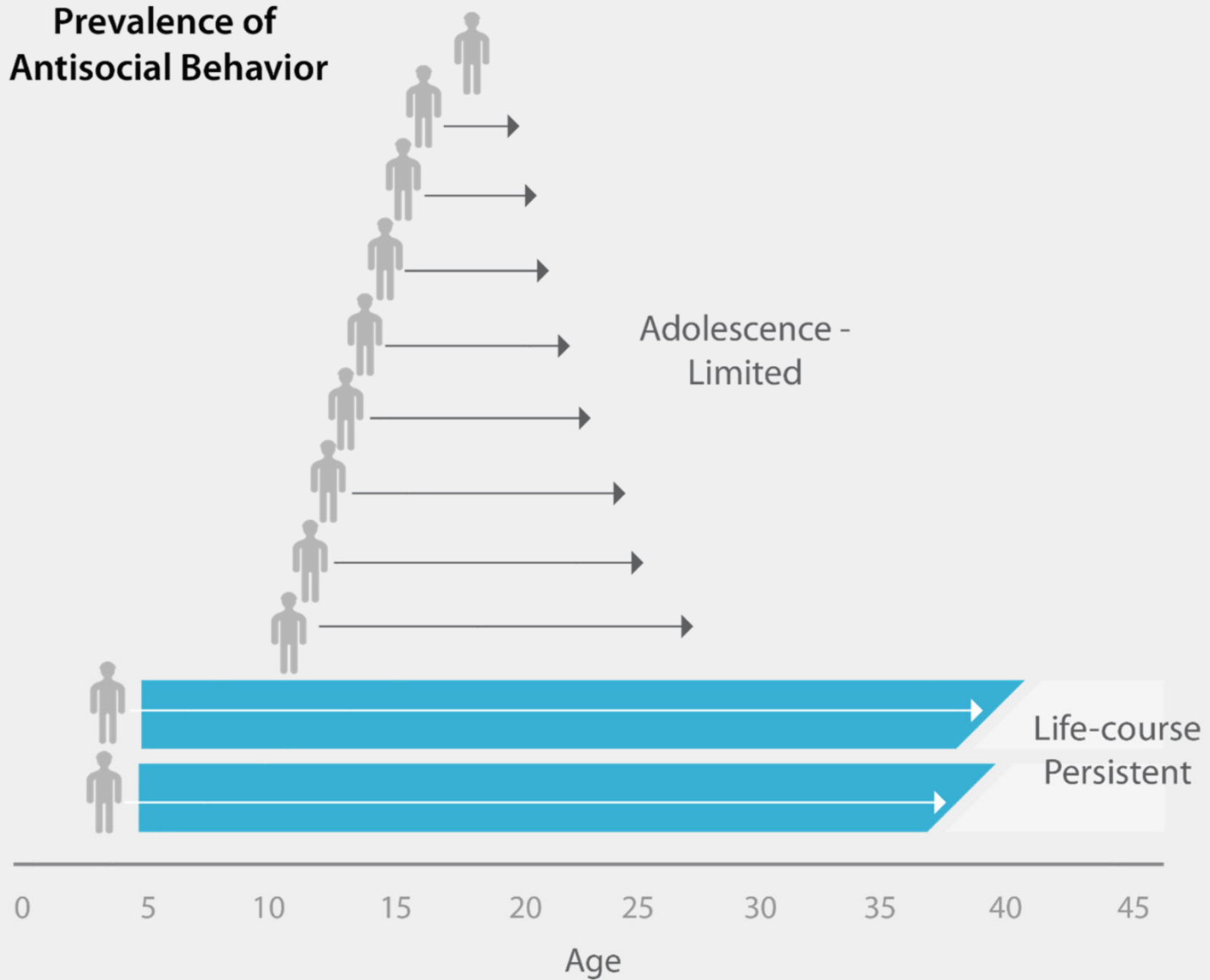


# Dunedin Study Design

ages 13  
and 15

Age	Year	Number	Percent*
Birth	1972-73		
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38	2010-12	961	95
45	2017-2019	938	94%
52	2024-2026	??	??

## Prevalence of Antisocial Behavior



Moffitt, Child Development 1990



Moffitt, Terrie E., 1993,  
Adolescence-Limited and Life-Course  
Persistent Antisocial Behavior:  
A Developmental Taxonomy.  
*Psychological Review* 100:674-701.

Now cited > 13,500 times

# 1993 Lifecourse Persistent Theory: Social path

Neuro-developmental problems in infancy

## Social inputs

difficult temperament

Weak parent-child attachment

disruptive behaviour

Ineffective discipline

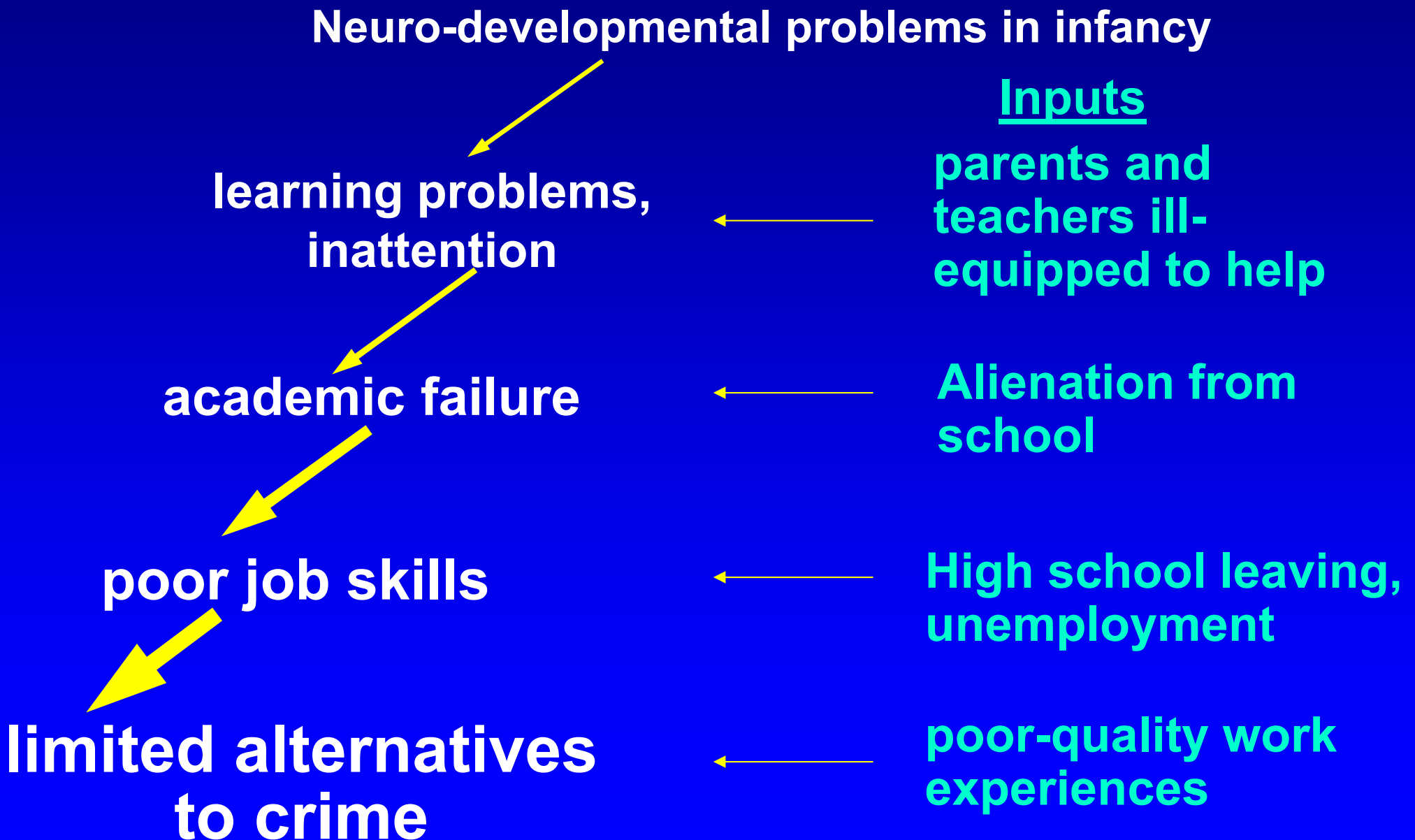
social problems

Peer rejection, troubled peers

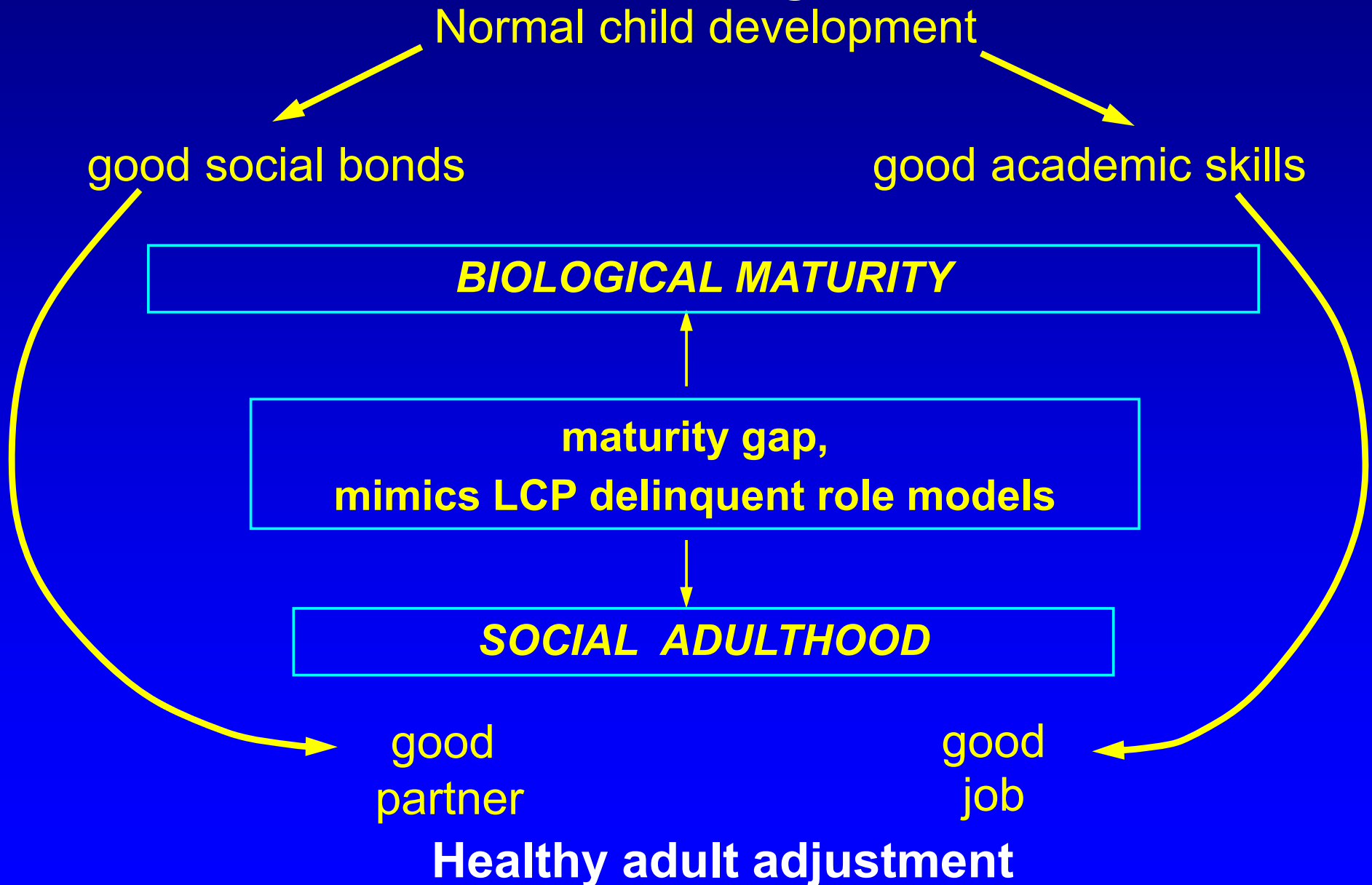
adult personality disorder

Antisocial partner

# 1993 LCP Theory path 2: Academic path



# 1993 Adolescence-Limited Theory



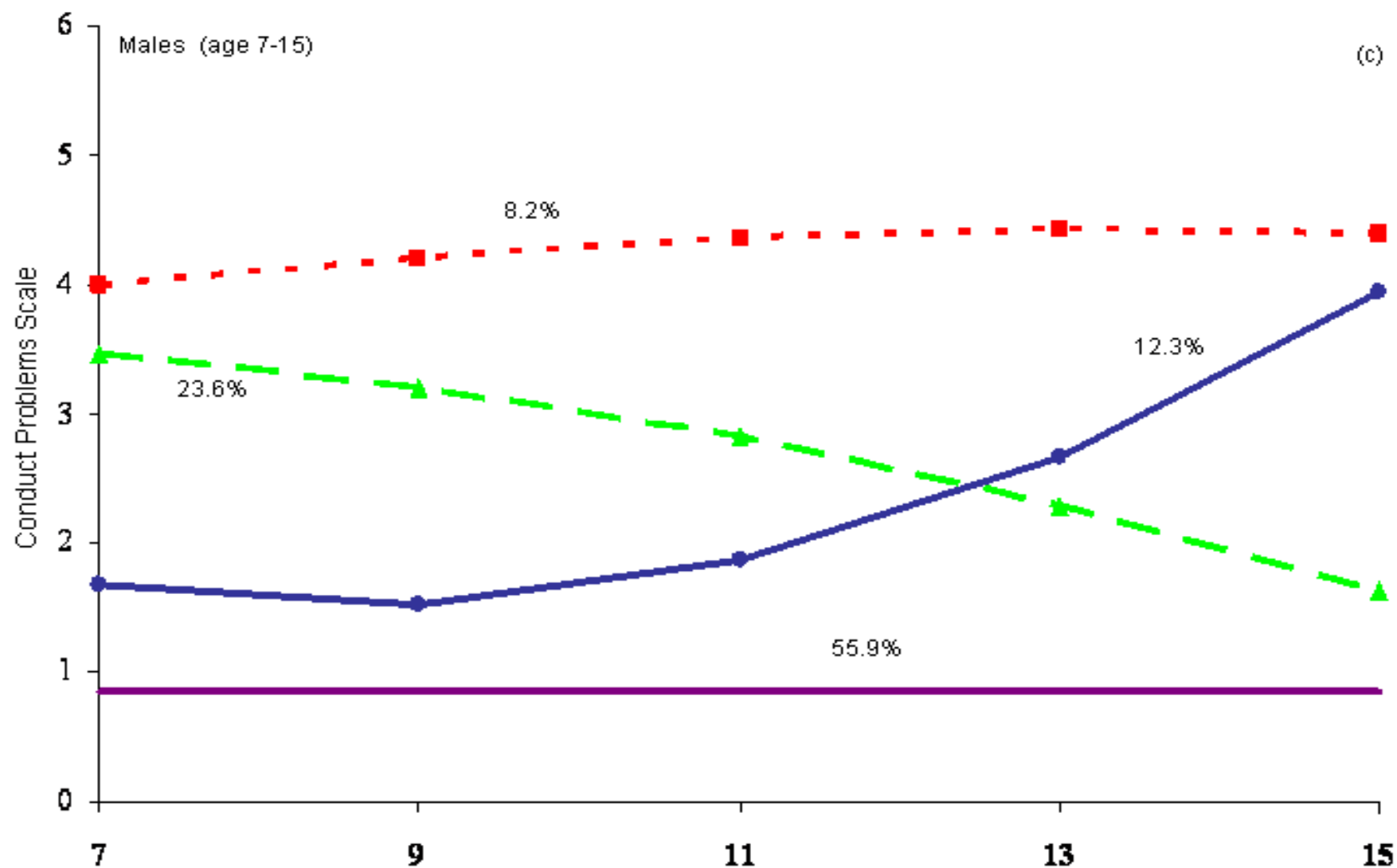
# Measurement of Antisocial Behaviours

Fighting, Bullying, Telling Lies,  
Stealing, Truancy, Destroying  
Property.

Ages 7, 9, 11, 13, 15

Teacher, Mother and Self-Reports

# Trajectory analysis to age 15



LCP  
AL

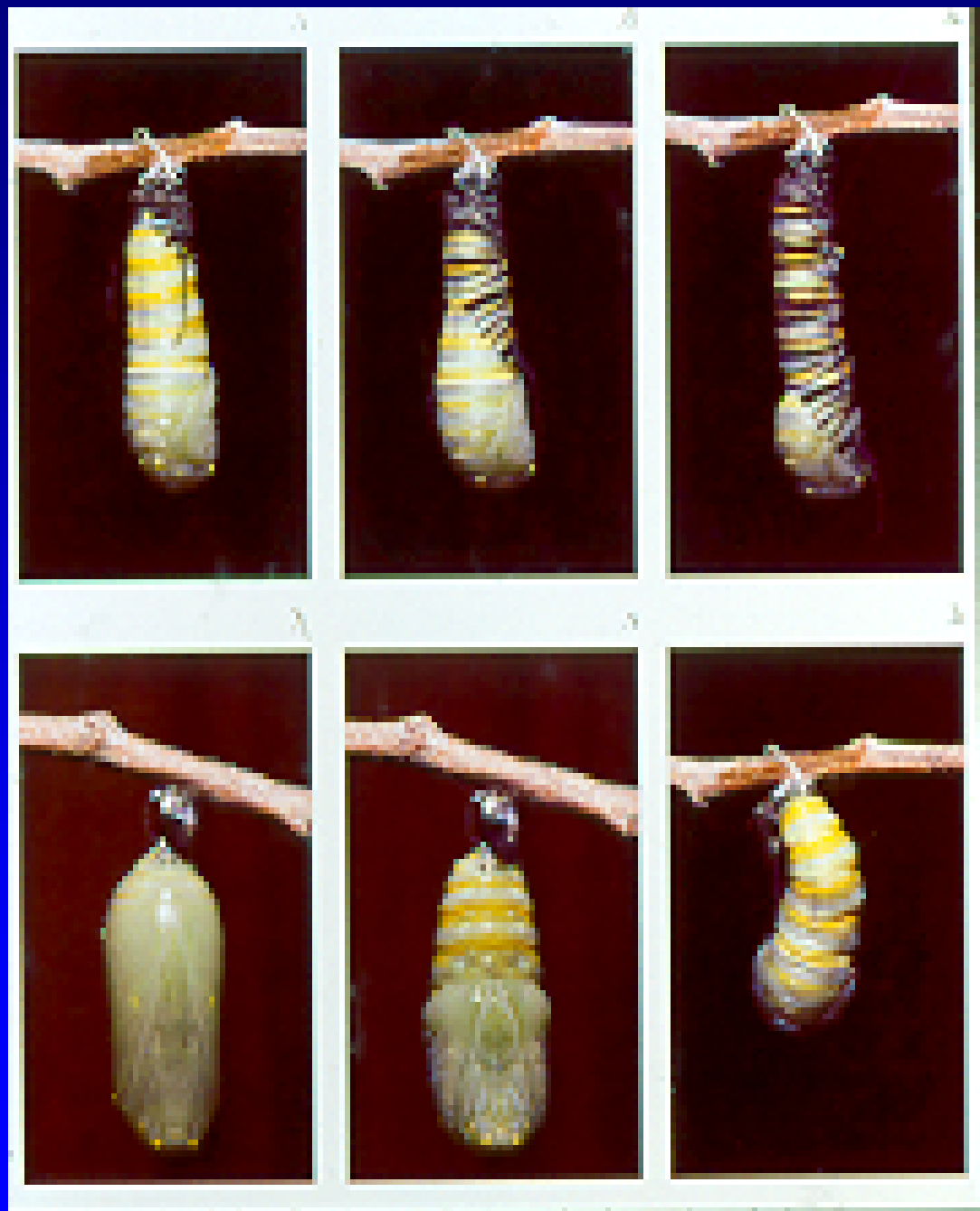
Recov

Low



Admiral

Monarch



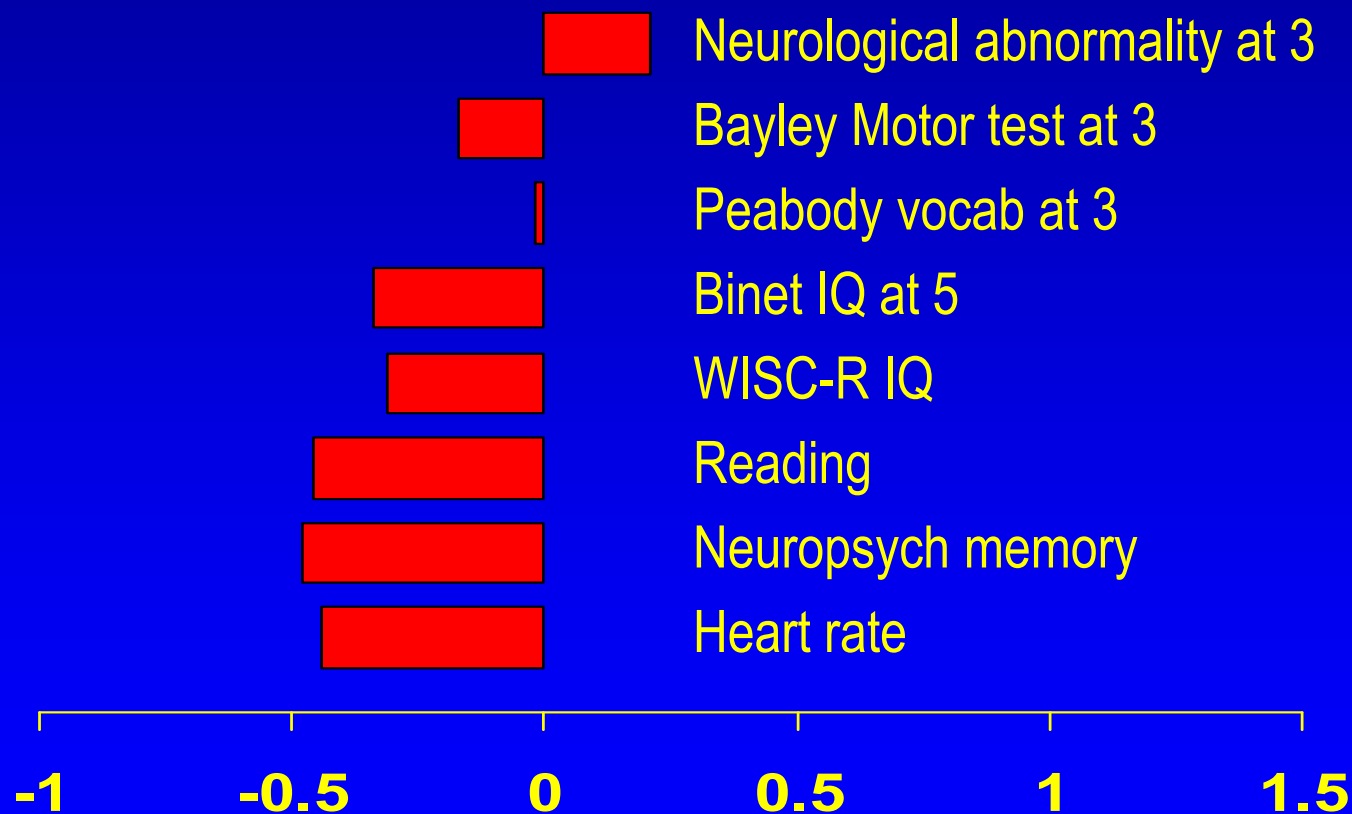


# Studying childhoods of boys on the LCP and AL paths

- Graphs scaled so the population norm is the zero midpoint
- Compared each trajectory group to the average boy
- Effect sizes for group differences shown on graphs
  - $\sim .2$  = small
  - $\sim .5$  = medium
  - $\sim .8$  = a large

# LCP-path males

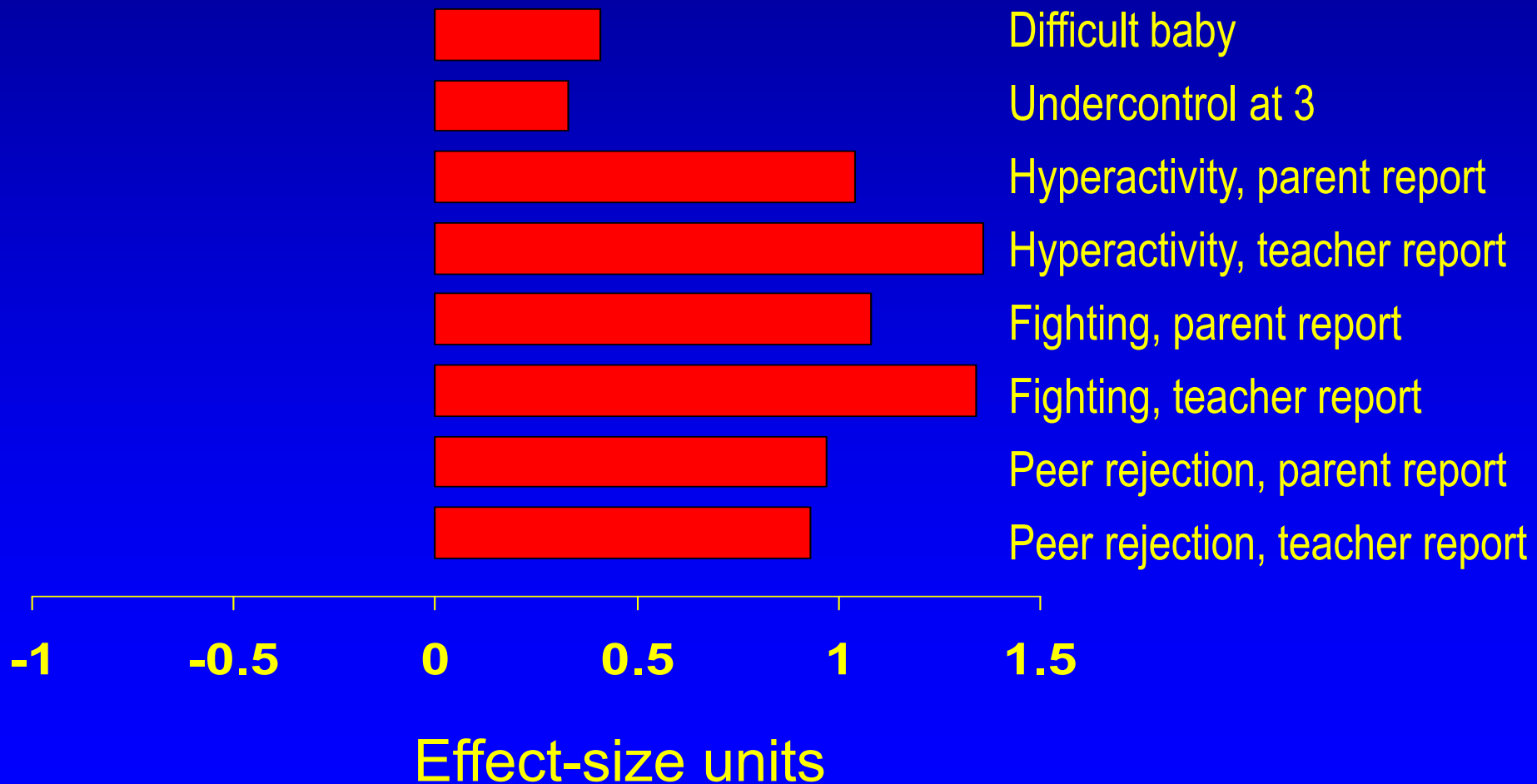
## Neuro-developmental risks, age 3-11



Effect-size units, zero = the average boy

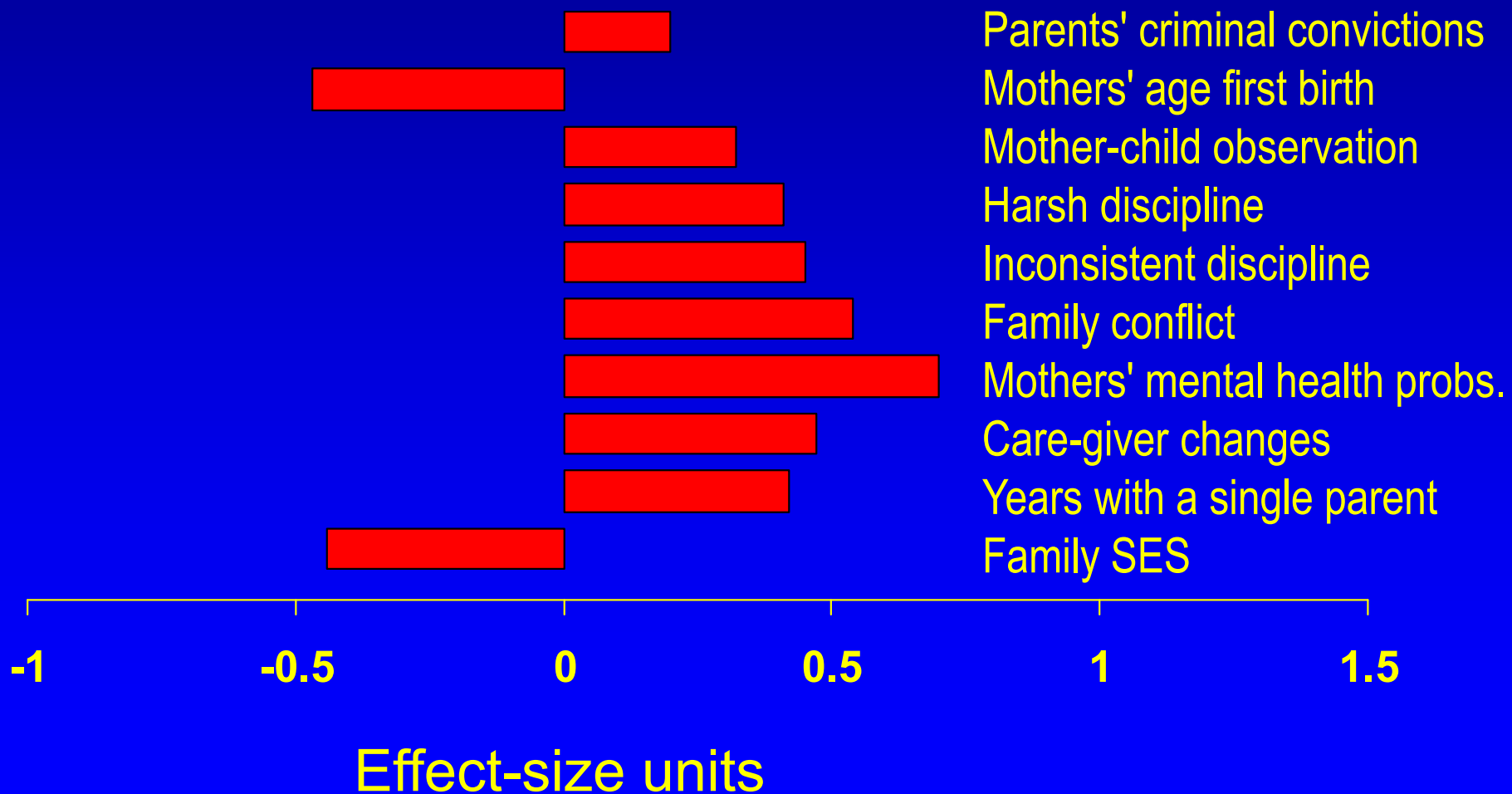
# LCP-path males

## Temperament-Behaviour Risks, age 3-11



# LCP-path males

## Parenting Risk Factors, age 3-11



# SUMMARY: childhood of males on LCP path

## PARENTING RISK FACTORS

Parents' criminal convictions  
 Mothers' age first birth  
 Mother-child observation  
 Harsh discipline  
 Inconsistent discipline  
 Family conflict  
 Mothers' mental health probs.  
 Care-giver changes  
 Years with a single parent  
 Family SES

## NEURO-COGNITIVE RISK

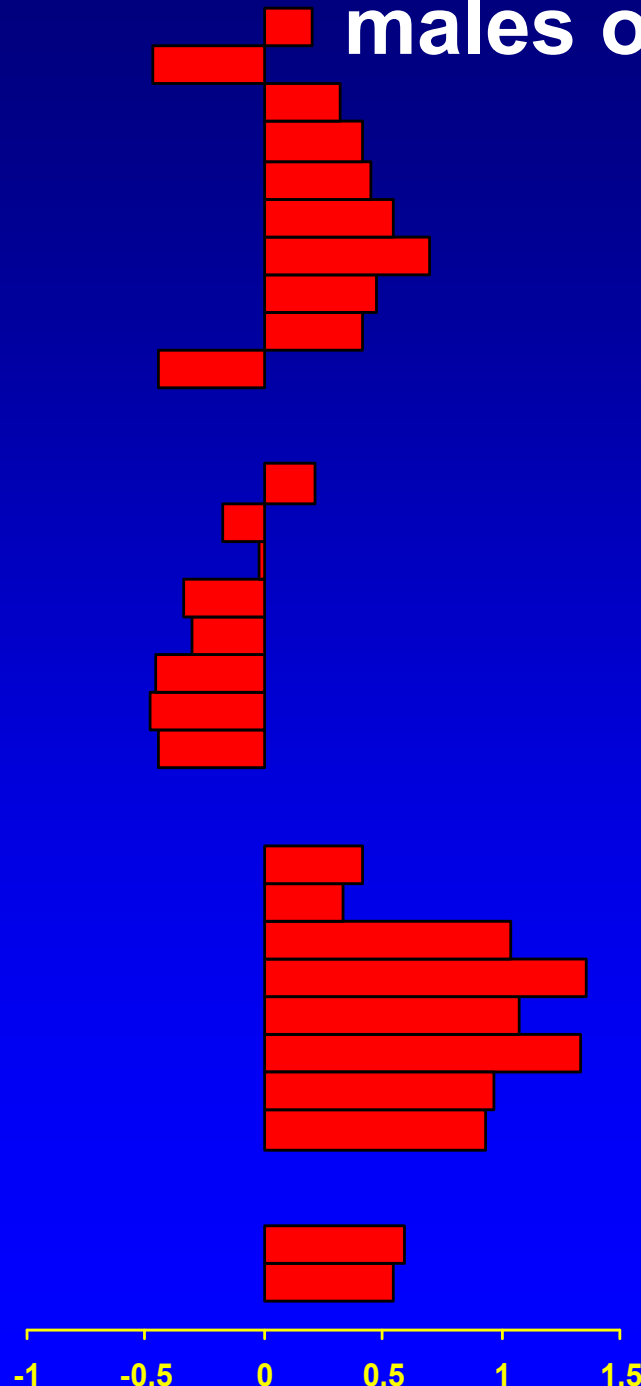
Neurological abnormality at 3  
 Bayley Motor test at 3  
 Peabody vocab at 3  
 Binet IQ at 5  
 WISC-R IQ  
 Reading  
 Neuropsych memory  
 Heart rate

## TEMPERAMENT - BEHAVIOUR RISK

Difficult at 2  
 Undercontrol at 3  
 Hyperactivity, parent report  
 Hyperactivity, teacher report  
 Fighting, parent report  
 Fighting, teacher report  
 Peer rejection, parent report  
 Peer rejection, teacher report

## PEER DELINQUENCY

Delinquent peers at 13  
 Delinquent peers at 18



*Moffitt et al., 2001,  
 Dev & Psychopathology*

# SUMMARY: childhood of males on AL path

## PARENTING RISK FACTORS

Parents' criminal convictions  
Mothers' age first birth  
Mother-child observation  
Harsh discipline  
Inconsistent discipline  
Family conflict  
Mothers' mental health probs.  
Care-giver changes  
Years with a single parent  
Family SES

## NEURO-COGNITIVE RISK

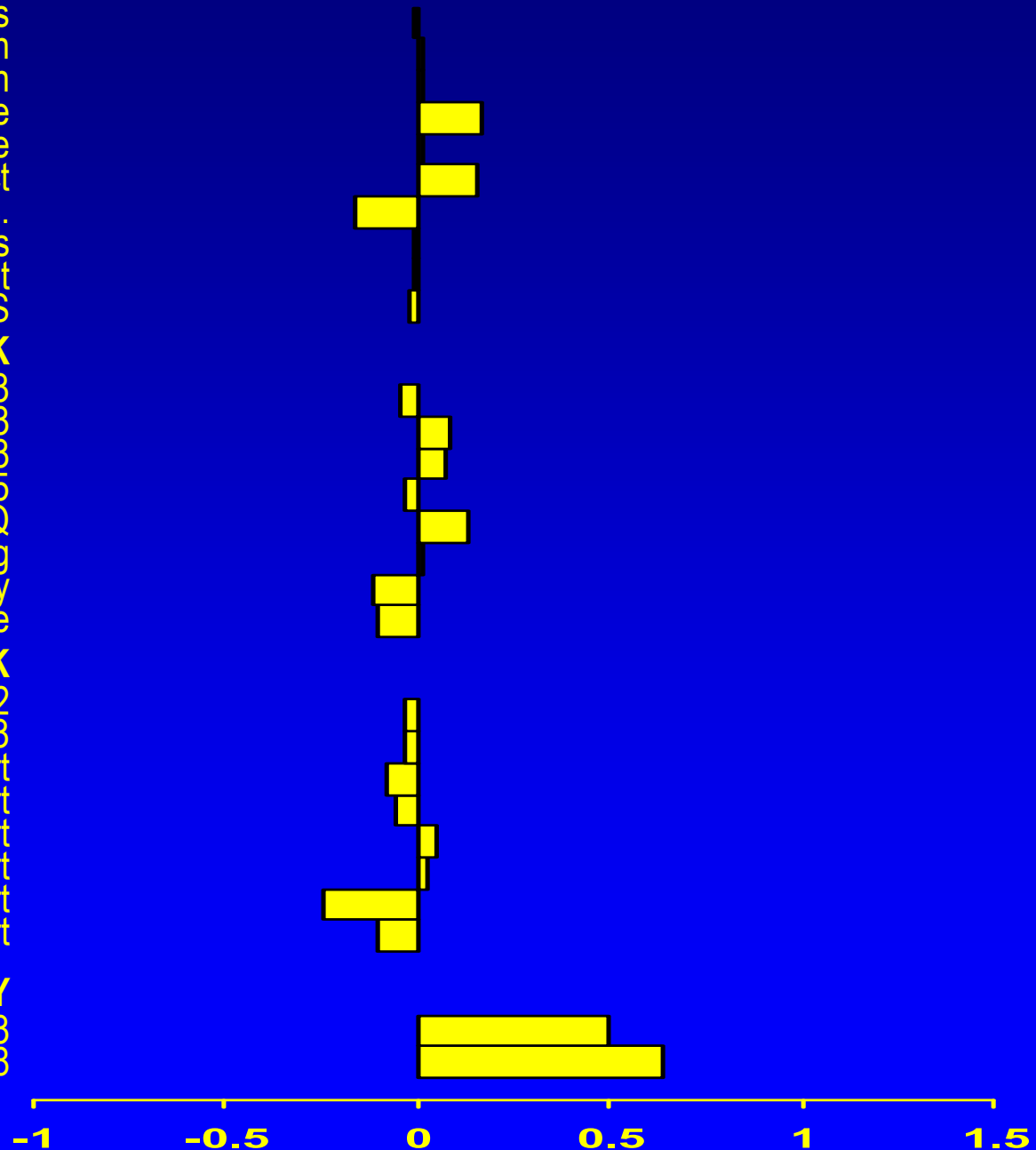
Neurological abnormality at 3  
Bayley Motor test at 3  
Peabody vocab at 3  
Binet IQ at 5  
WISC-R IQ  
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Neuropsych memory  
Heart rate

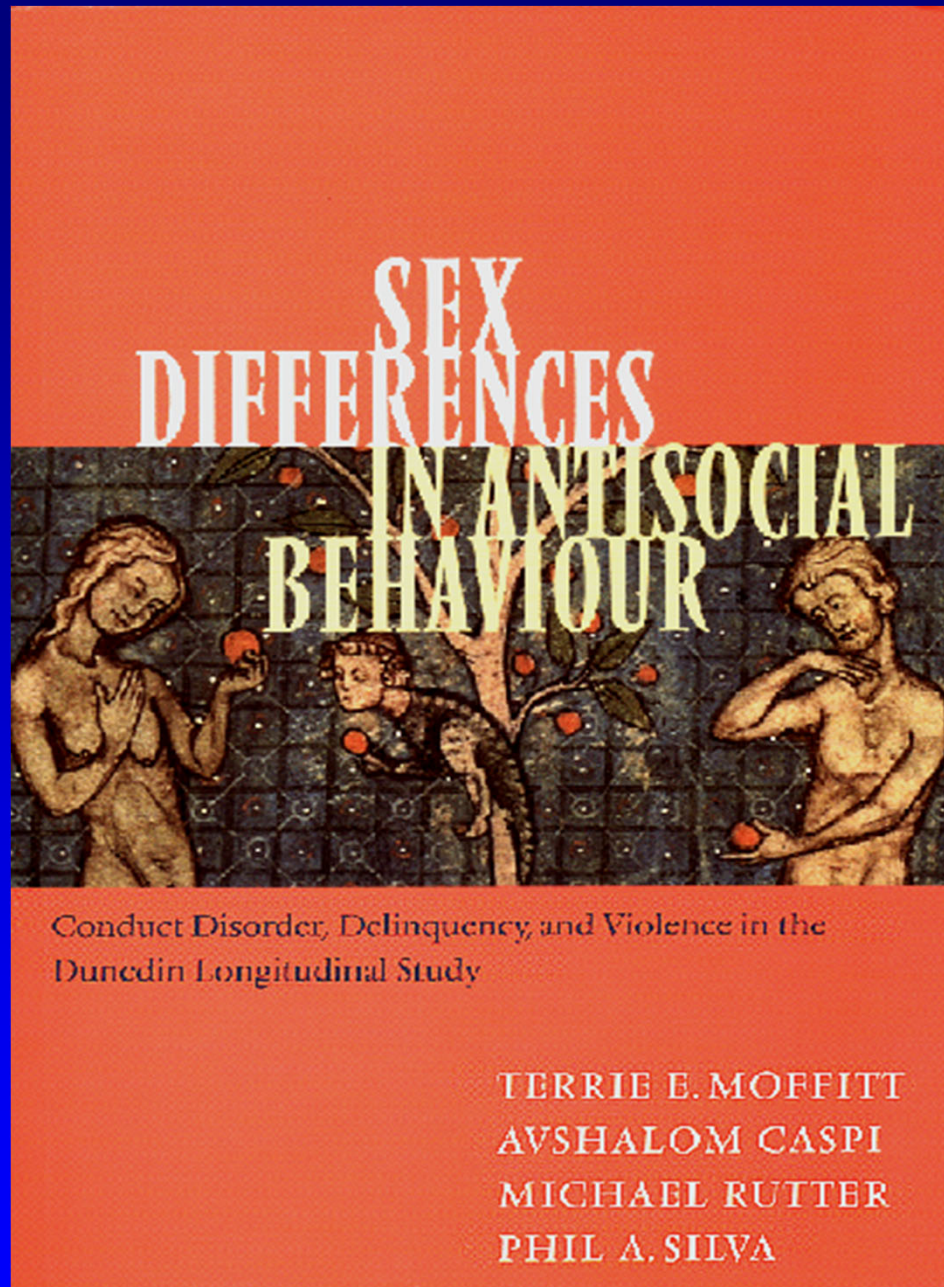
## TEMPERAMENT - BEHAVIOUR RISK

Difficult at 2  
Undercontrol at 3  
Hyperactivity, parent report  
Hyperactivity, teacher report  
Fighting, parent report  
Fighting, teacher report  
Peer rejection, parent report  
Peer rejection, teacher report

## PEER DELIQUENCY

Delinquent peers at 13  
Delinquent peers at 18





Life-course  
persistent:  
More common  
in males

Adolescence-  
Limited:  
Equal male:female  
ratio

Cambridge Univ. Press, 2001

# Childhood of the few girls on the LCP path

## PARENTING RISK FACTORS

Parents' criminal convictions  
 Mothers' age first birth  
 Mother-child observation  
 Harsh discipline  
 Inconsistent discipline  
 Family conflict  
 Mothers' mental health probs.  
 Care-giver changes  
 Years with a single parent  
 Family SES

## NEURO-COGNITIVE RISK

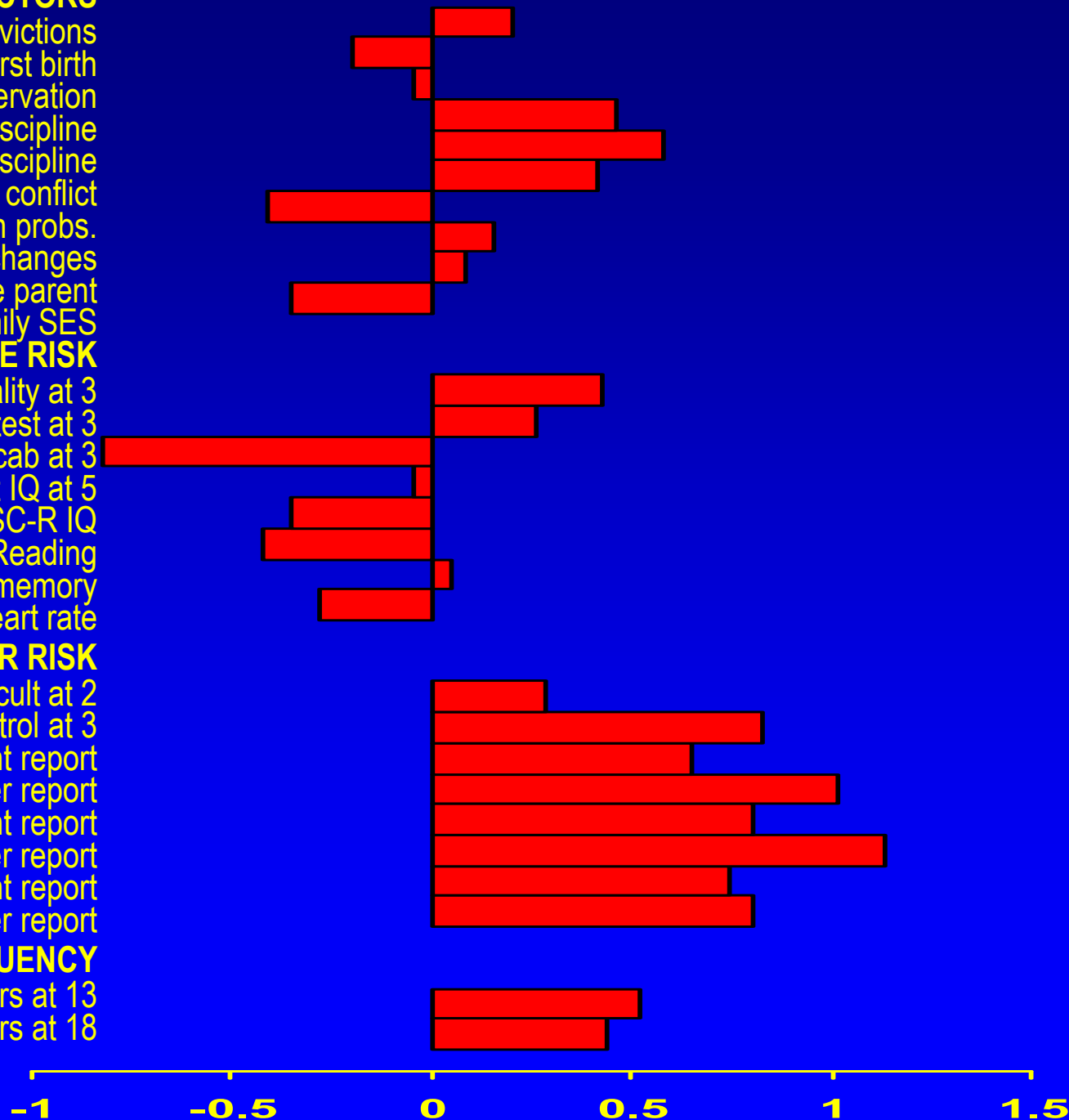
Neurological abnormality at 3  
 Bayley Motor test at 3  
 Peabody vocab at 3  
 Binet IQ at 5  
 WISC-R IQ  
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Difficult at 2  
 Undercontrol at 3  
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 Hyperactivity, teacher report  
 Fighting, parent report  
 Fighting, teacher report  
 Peer rejection, parent report  
 Peer rejection, teacher report

## PEER DELIQUENCY

Delinquent peers at 13  
 Delinquent peers at 18





# Childhood of girls, most on the AL path

## PARENTING RISK FACTORS

Parents' criminal convictions  
Mothers' age first birth  
Mother-child observation  
Harsh discipline  
Inconsistent discipline  
Family conflict  
Mothers' mental health probs.  
Care-giver changes  
Years with a single parent  
Family SES

## NEURO-COGNITIVE RISK

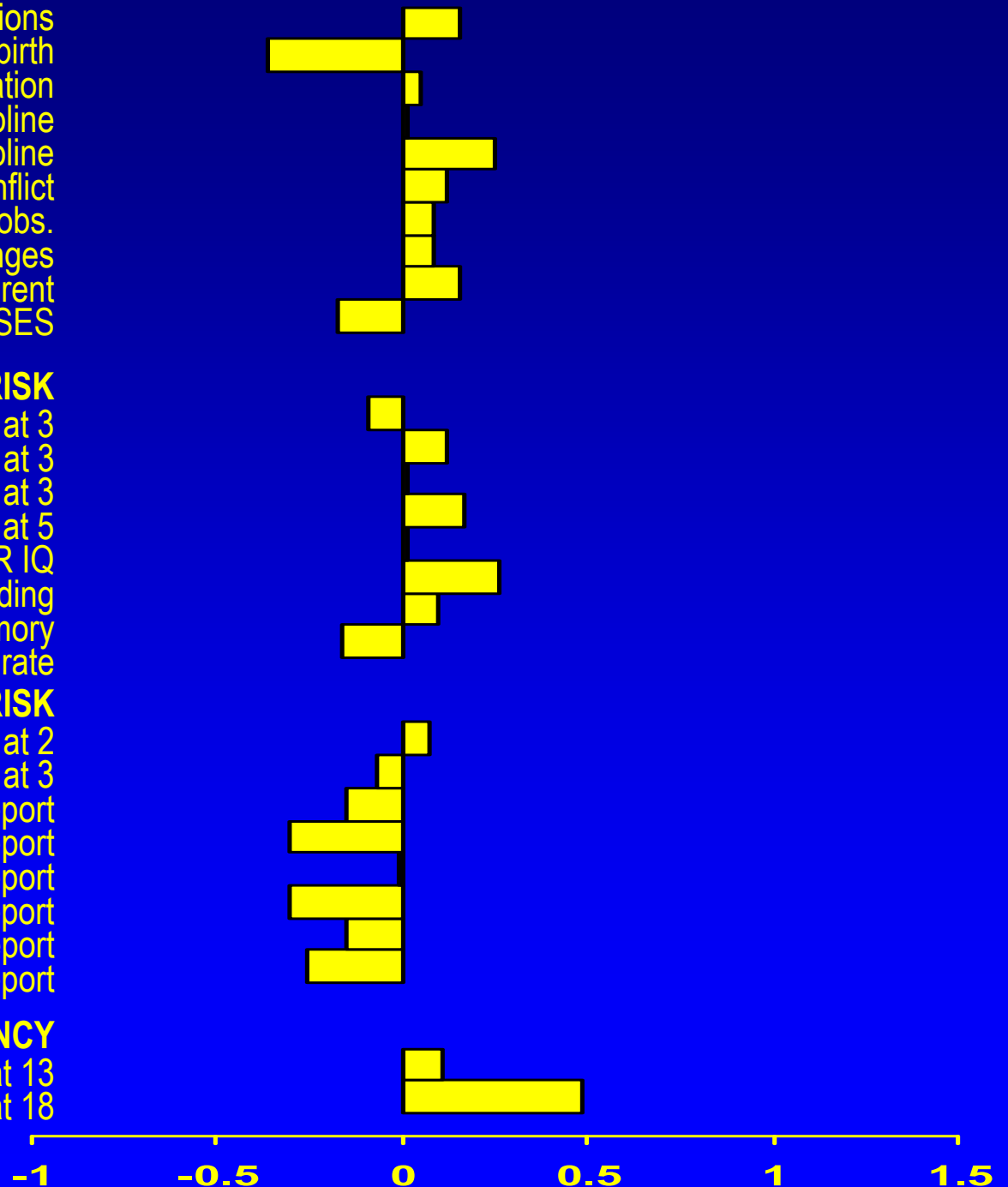
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## TEMPERAMENT - BEHAVIOUR RISK

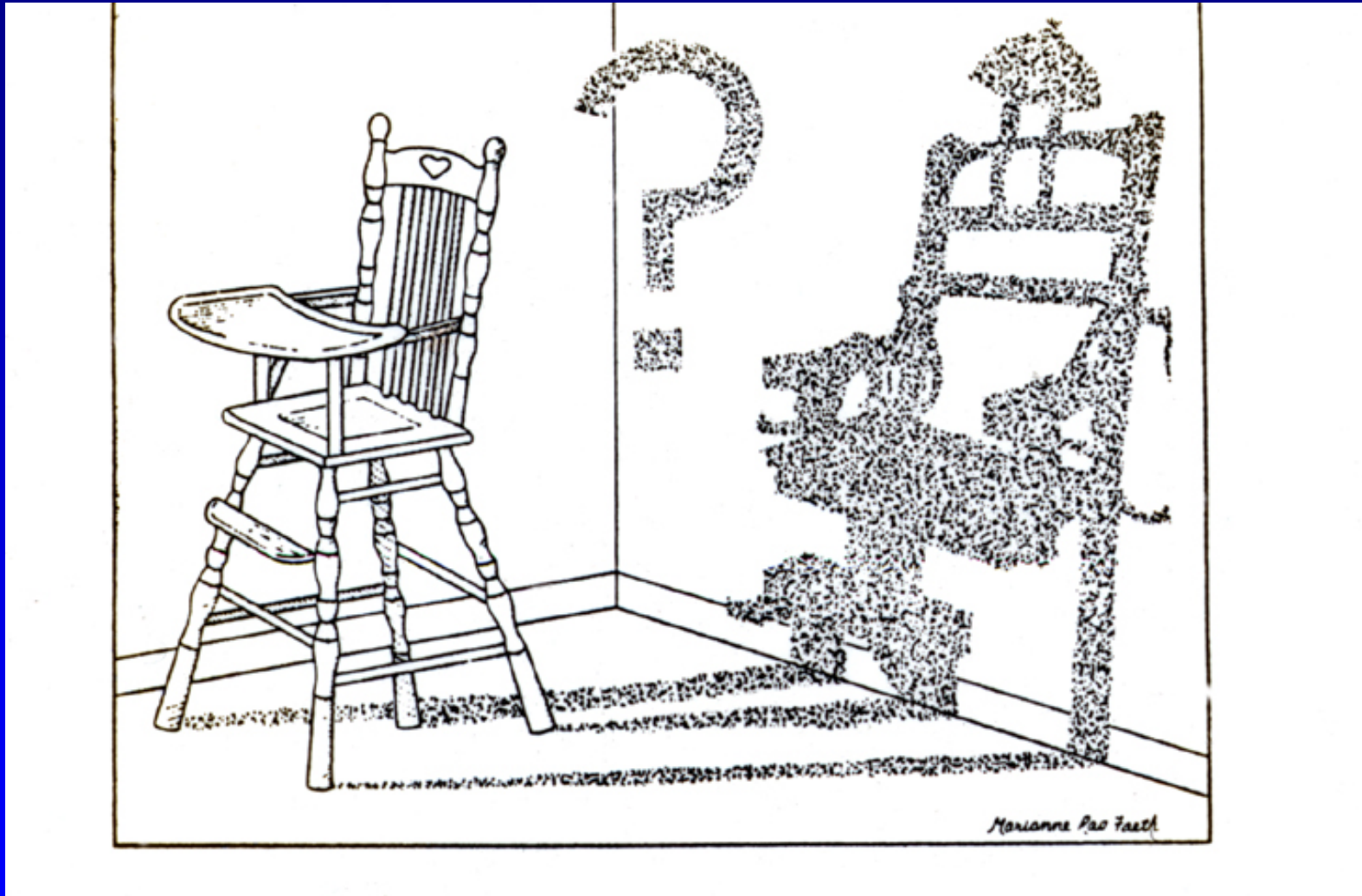
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Peer rejection, teacher report

## PEER DELIQUENCY

Delinquent peers at 13  
Delinquent peers at 18



# Do LCP & AL have different adult outcomes?



Washington Post, 1994

# Dunedin Study Design

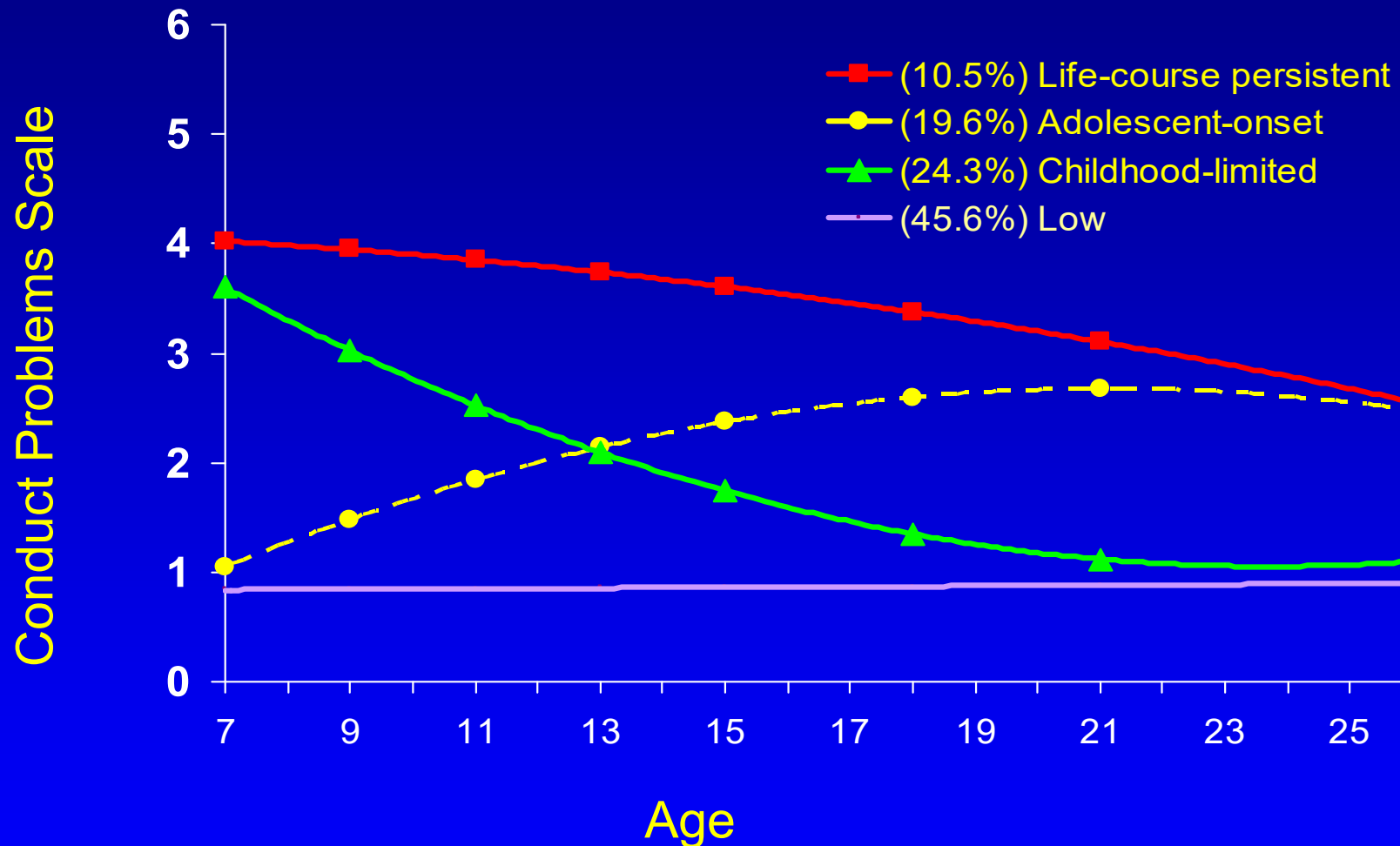
Age 18,  
21, 26

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52	2024-2026	??	??

Candice Odgers, UC Irvine

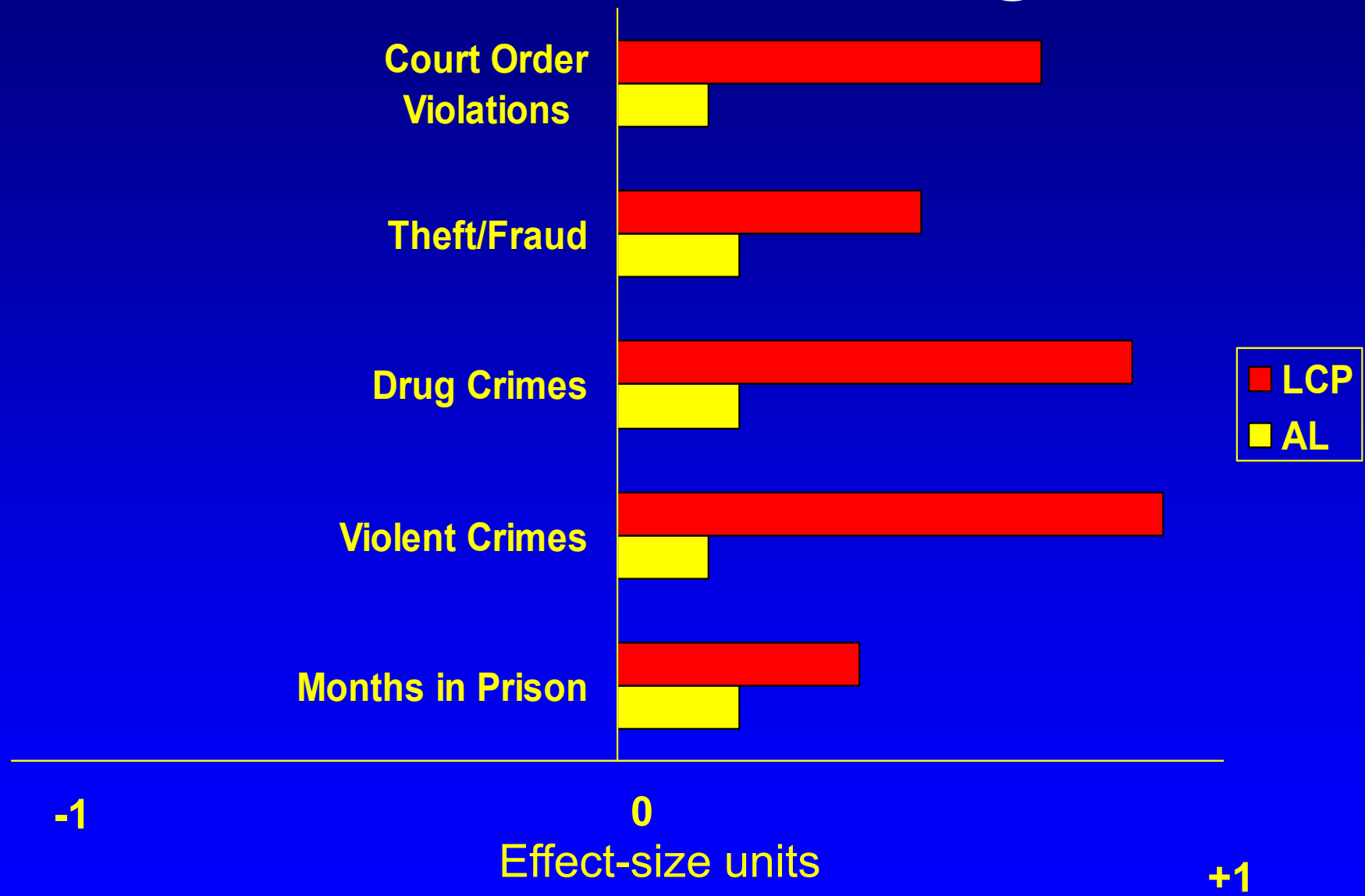


# Trajectories age 7 to 26 (males and females)



Odgers, Moffitt, Caspi, D&P, 2008

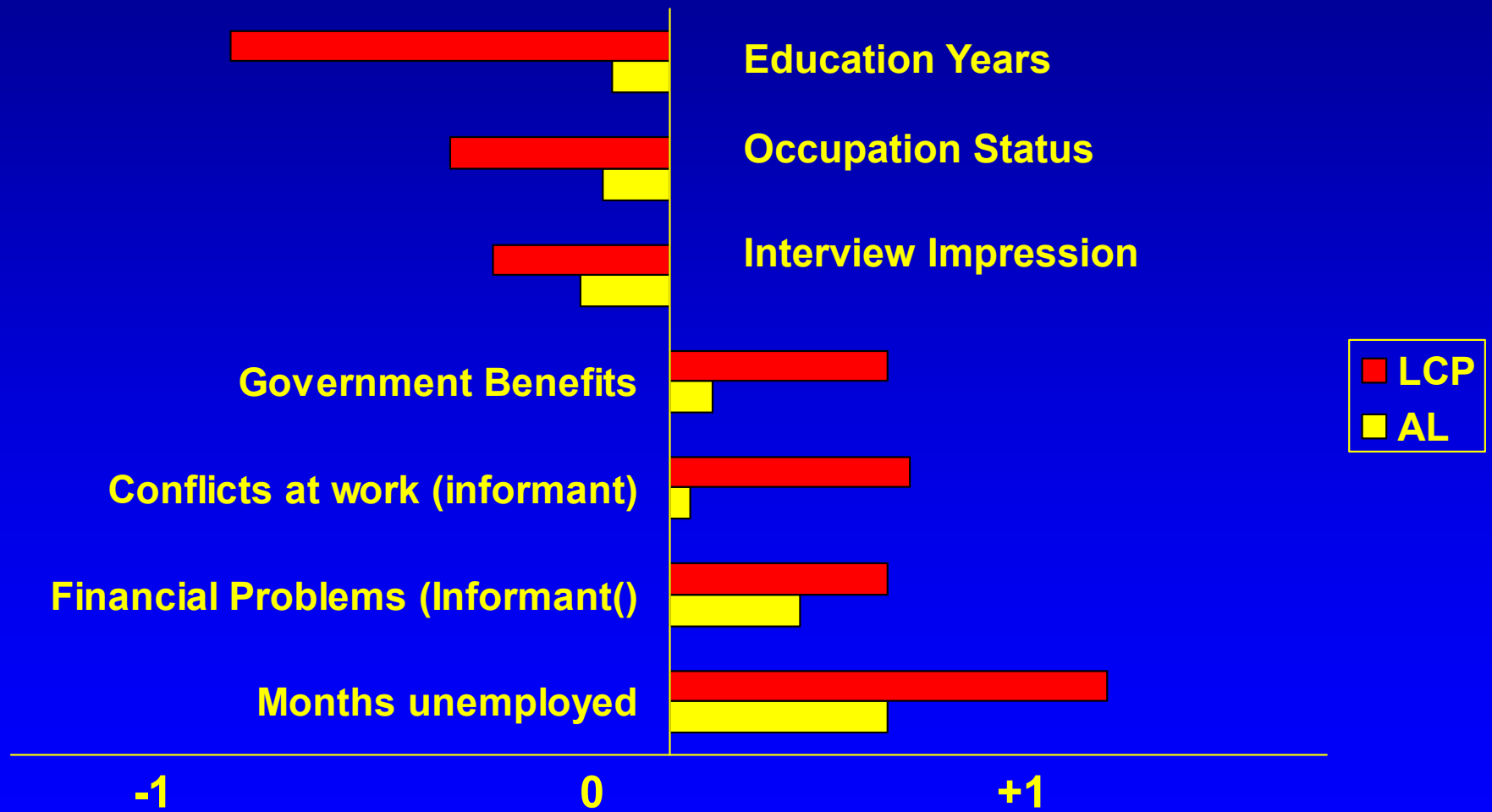
# Convictions in adult court age 18-26



# Family problems at age 26



# Work problems at age 26





**Conduct-problem boys who did not  
become offenders:  
Magic key to protective factors?**

- Were they really recoveries?

# The childhood-limited group's adult outcomes...

- Social phobia
- Agoraphobia
- No partner
- No children
- Neuroticism
- Introversion
- Welfare dependent
- Low education
- Lowest SES jobs
- Financial difficulties
- 1/3 convicted

# Childhood-limited conduct disorder: not a key to protective factors

Lee Robins, *Deviant Children Grown Up* (1966):

“Half of boys with conduct disorder do not develop antisocial personality disorder as adults....  
but most of them develop other adjustment problems.”

David Farrington et al. (1988):

“...there were no real adult success stories.”

# American Psychiatric Association Diagnostic and Statistical Manual



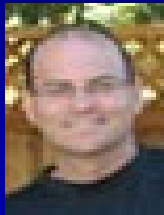
1994

# Clinician's dilemma: Childhood-limited or Life-course Persistent?



# 2006 Dunedin Family Health History Study:

## Informants



Study member



Father



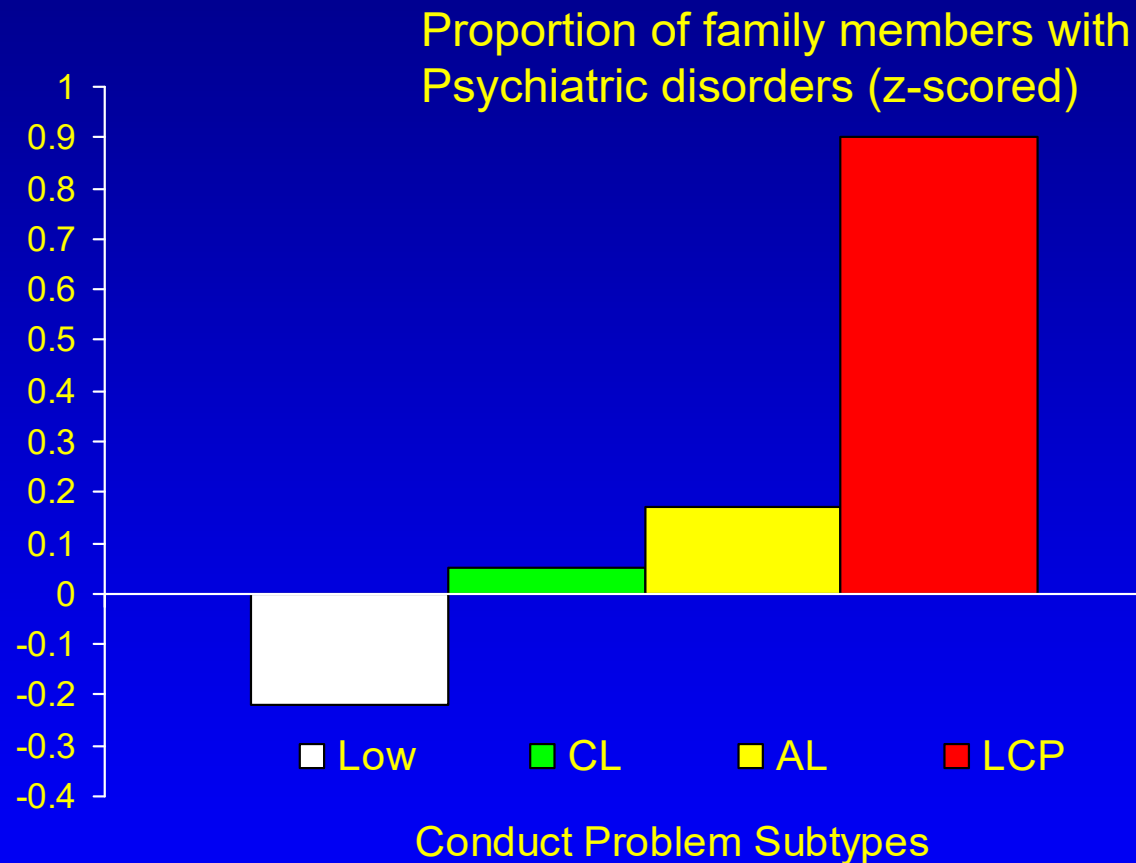
Mother

## Family members



7-16 members per each of 1000 families,  
> 8,000 individuals

# Family psychiatric history distinguished children on the life-course-persistent path



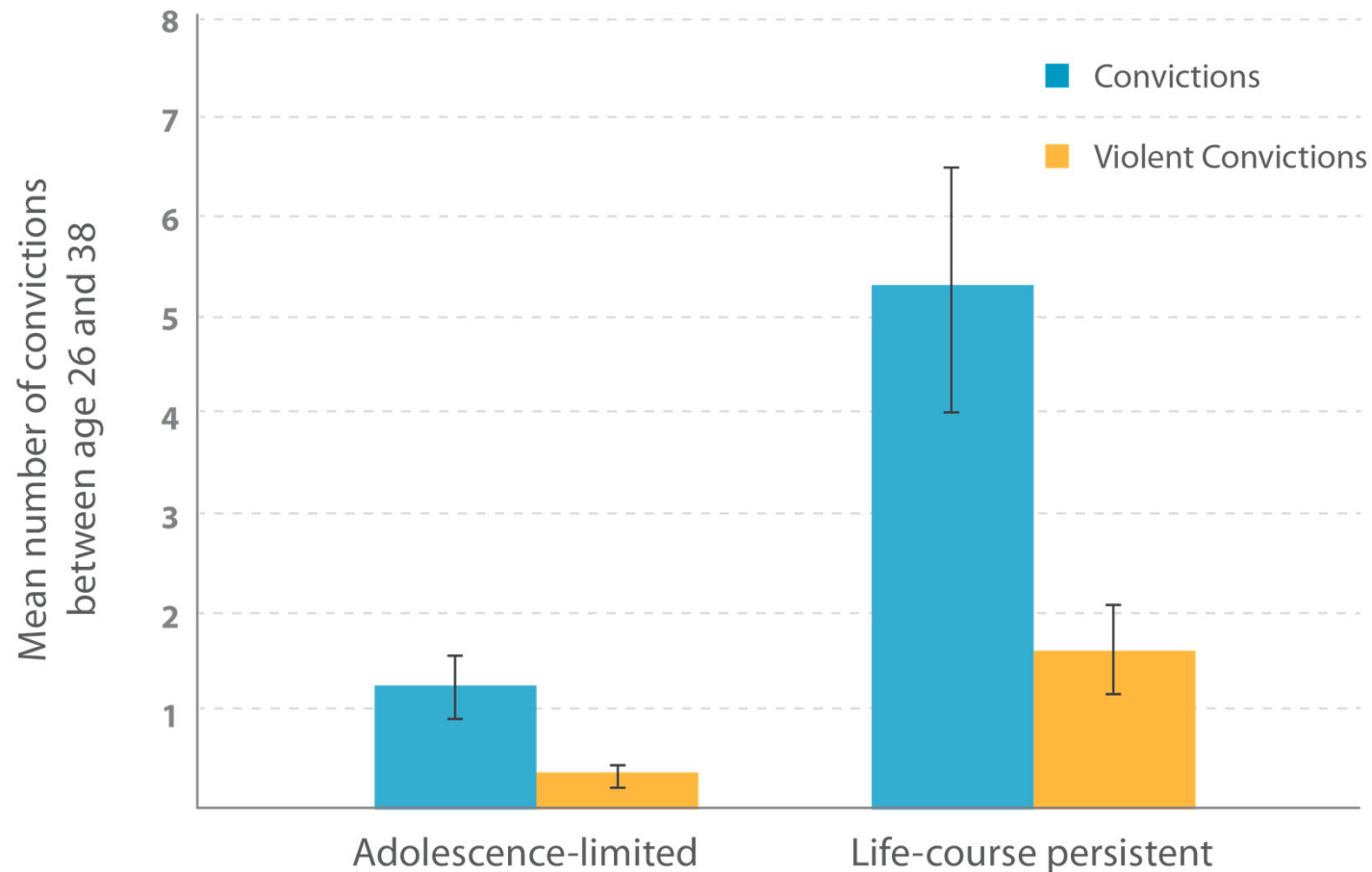


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52	2024-2026	??	??

**Ages 32,  
38, 45**

After age 26, Adolescence-limited & Life-course persistent have continued to diverge on criminal convictions.



Moffitt, 2018, Nature Human Behaviour

# Biology and Crime: A heated debate

- Neurodevelopmental hypothesis in 1993
- But technology not available to test
- New data technologies 3 decades later
- Genome-wide genetics
- MRI Brain imaging

# Genetics and Crime: Integrating New Genomic Discoveries Into Psychological Research About Antisocial Behavior

Psychological Science  
2018, Vol. 29(5) 791–803  
© The Author(s) 2018  
Reprints and permissions:  
sagepub.com/journalsPermissions.nav  
DOI: 10.1177/0956797617744542  
www.psychologicalscience.org/PS  

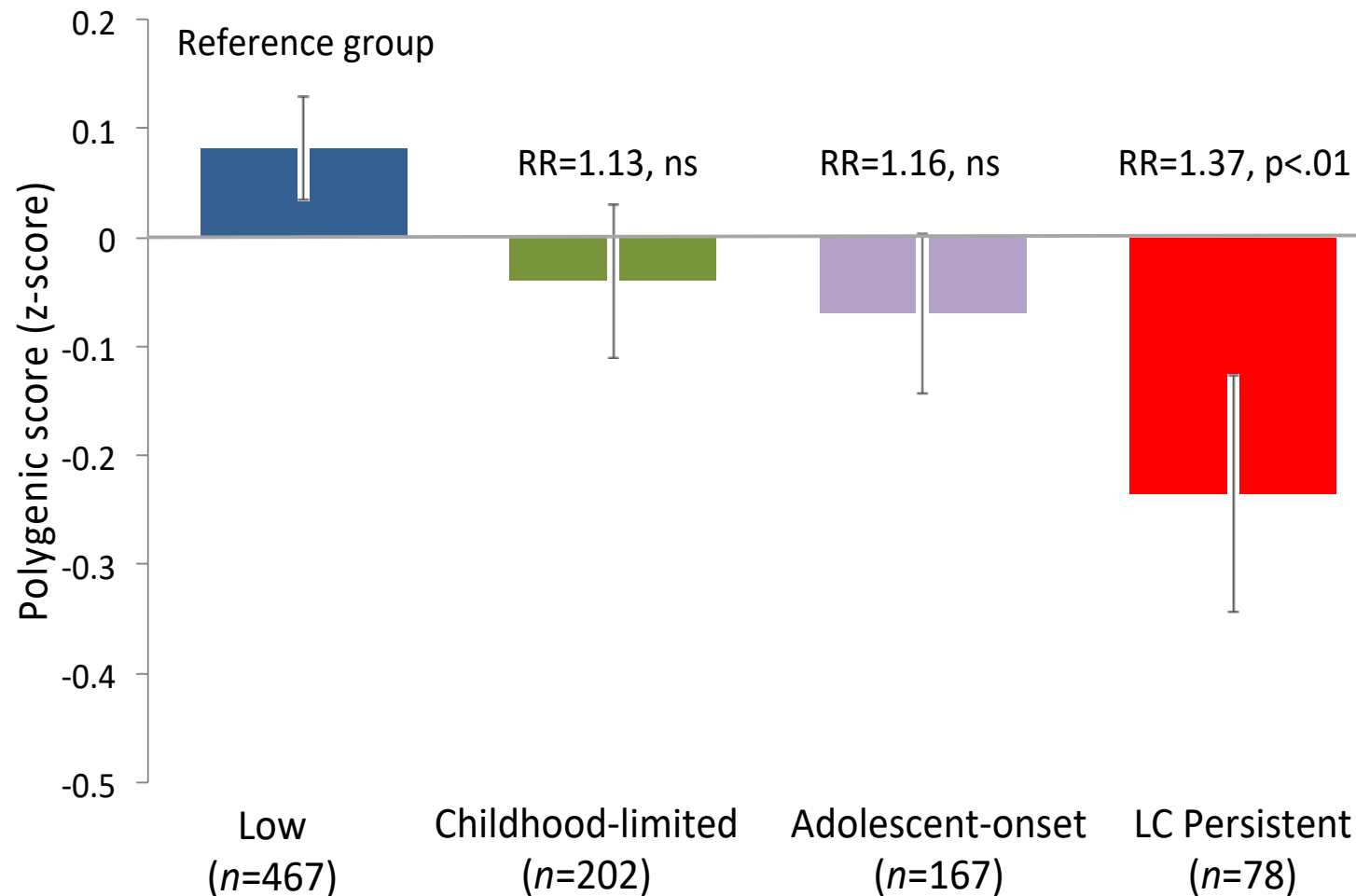

**J. Wertz<sup>1</sup>, A. Caspi<sup>1,2,3,4</sup>, D. W. Belsky<sup>5,6</sup>, A. L. Beckley<sup>1,7</sup>,  
L. Arseneault<sup>4</sup>, J. C. Barnes<sup>8</sup>, D. L. Corcoran<sup>3</sup>, S. Hogan<sup>9</sup>,  
R. M. Houts<sup>1</sup>, N. Morgan<sup>10</sup>, C. L. Odgers<sup>11</sup>, J. A. Prinz<sup>3</sup>, K. Sugden<sup>1</sup>,  
B. S. Williams<sup>1</sup>, R. Poulton<sup>9</sup>, and T. E. Moffitt<sup>1,2,3,4</sup>**

<sup>1</sup>Department of Psychology & Neuroscience, Duke University; <sup>2</sup>Department of Psychiatry & Behavioral Sciences, Duke University School of Medicine; <sup>3</sup>Center for Genomic and Computational Biology, Duke University; <sup>4</sup>Social, Genetic, & Developmental Psychiatry Research Centre, Institute of Psychiatry, Psychology, & Neuroscience, King's College London; <sup>5</sup>Department of Medicine, Duke University School of Medicine; <sup>6</sup>Social Science Research Institute, Duke University; <sup>7</sup>Demography Unit, Department of Sociology, Stockholm University; <sup>8</sup>School of Criminal Justice, University of Cincinnati; <sup>9</sup>Dunedin Multidisciplinary Health and Development Research Unit, Department of Psychology, University of Otago; <sup>10</sup>Home Office, London, United Kingdom; and <sup>11</sup>Sanford School of Public Policy, Duke University

# What is the education polygenic score?

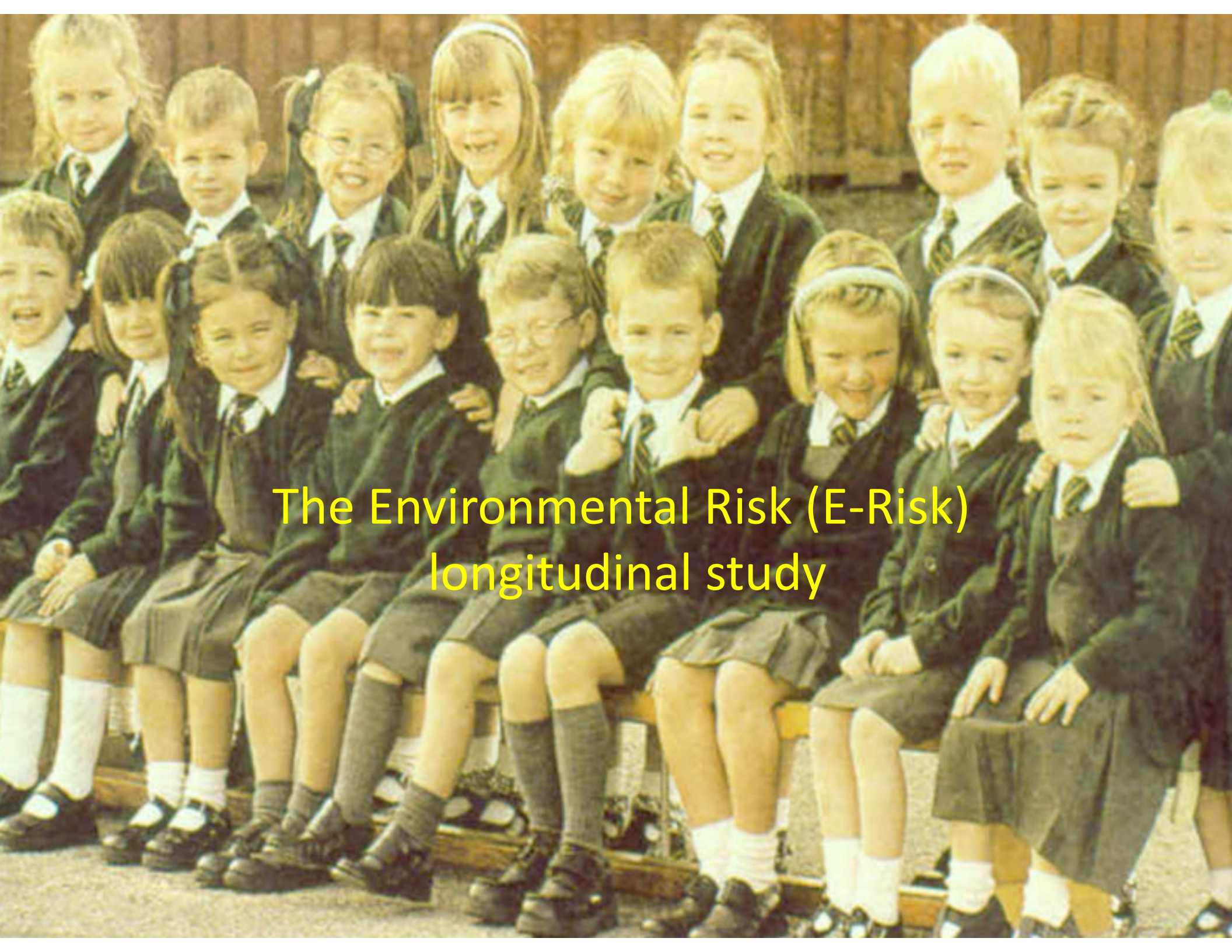
- 1 million people provided their DNA
- Stated their level of education
- GWAS: whole genome is searched for markers that associate with levels of education, low to high
- Genetic markers summed to create the polygenic score for educational attainment
- Score taps intelligence, also self-control, attention
- We derived this score in each Dunedin Study member's DNA

Mean Educational Attainment polygenic score  
derived from GWAS of >1million,  
for Dunedin Study crime trajectory groups:



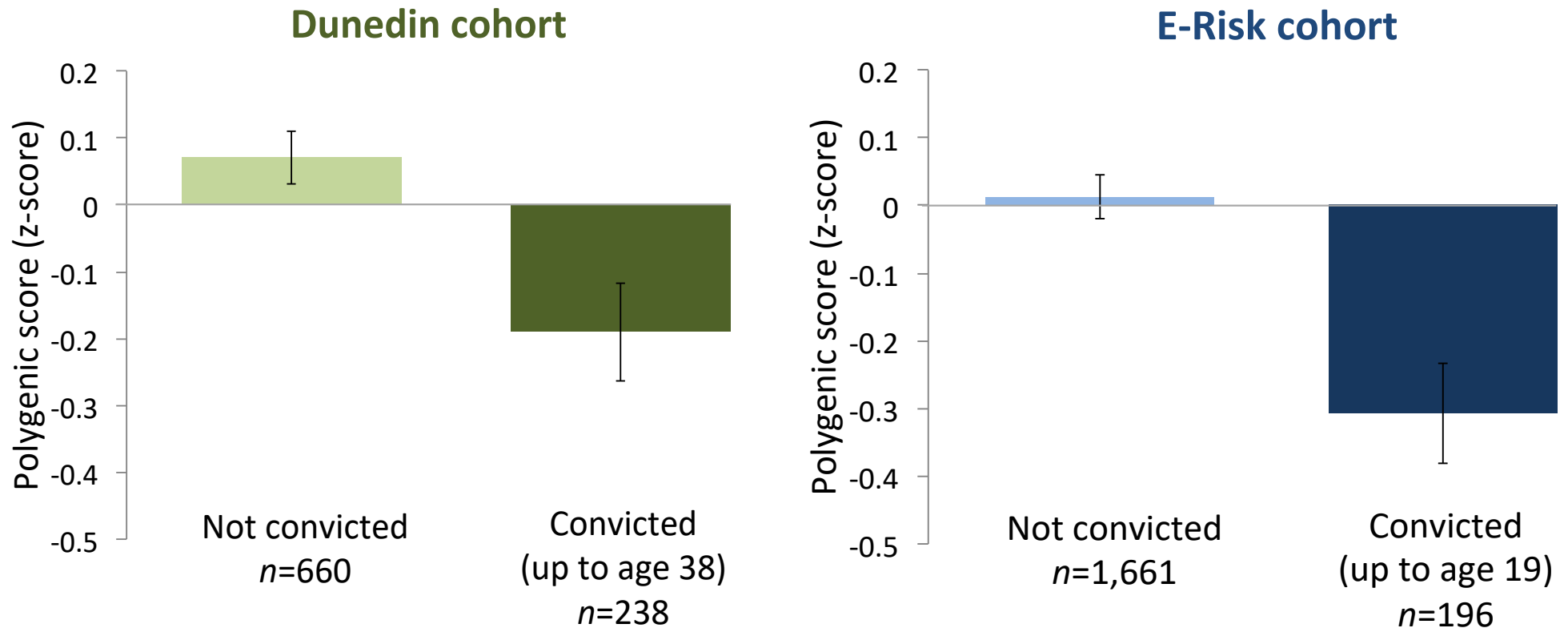






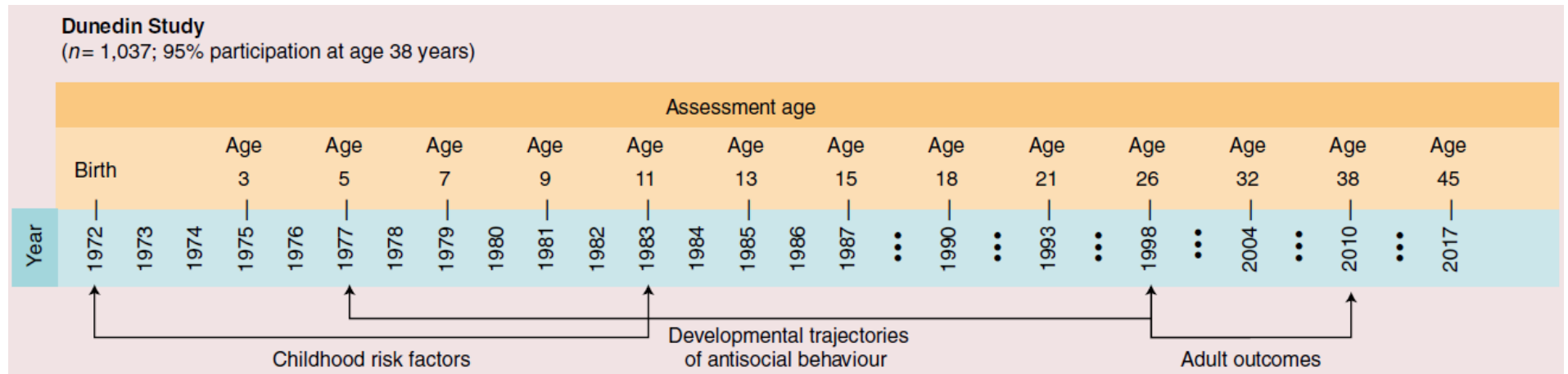
The Environmental Risk (E-Risk)  
longitudinal study

# Cross-cohort replication of mean education polygenic score by crime conviction



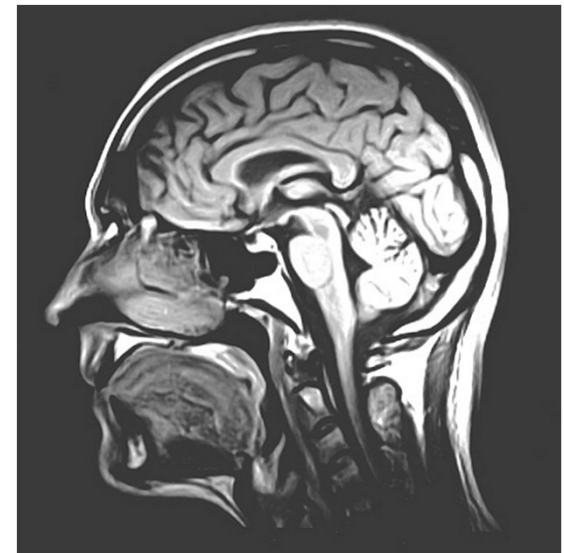
Wertz, Caspi, Moffitt, Psychological Science, 2018

# Dunedin Study adds neuroimaging 2017-2019



Physical fighting  
Bullying  
Destroying property  
Truancy  
Stealing  
Lying

↑  
MRI Brain scans





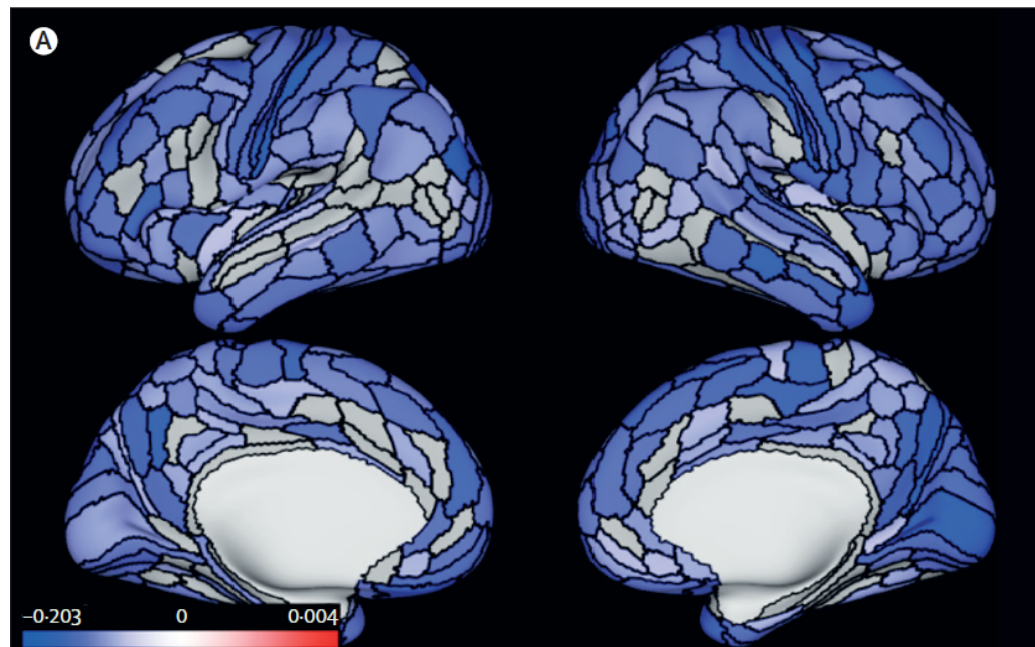
# Brain's surface area at age 45

Blue = smaller surface  
area



Darker = bigger *group* differences

Life-course persistent had smaller surface area than low-antisocial



Carlisi, Caspi, Moffitt, et al. 2020, *Lancet Psychiatry*

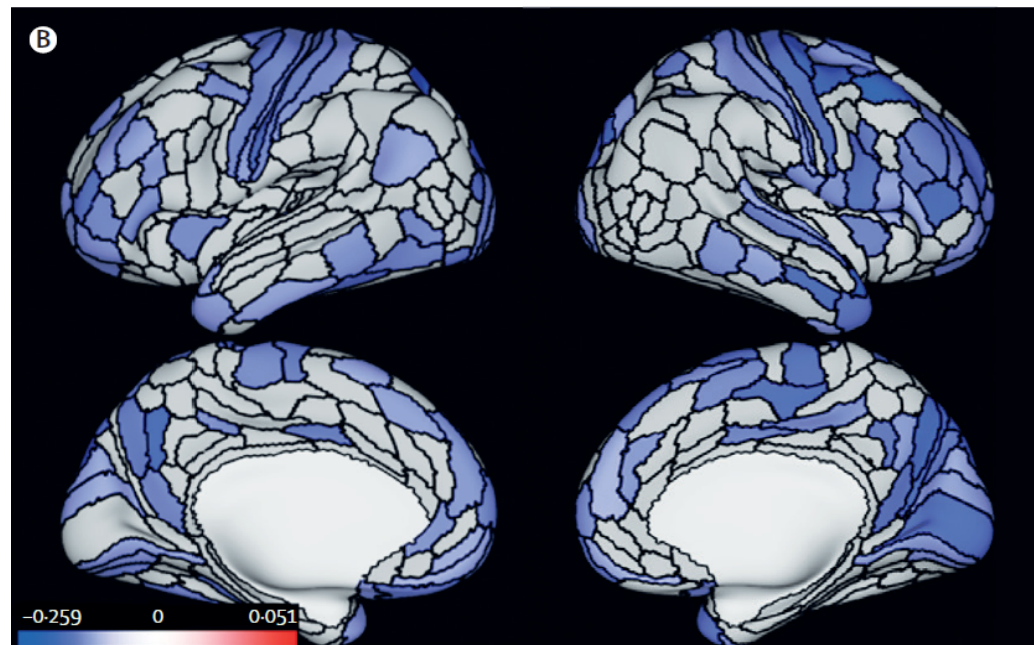
# Brain's surface area at age 45

Blue = smaller surface area



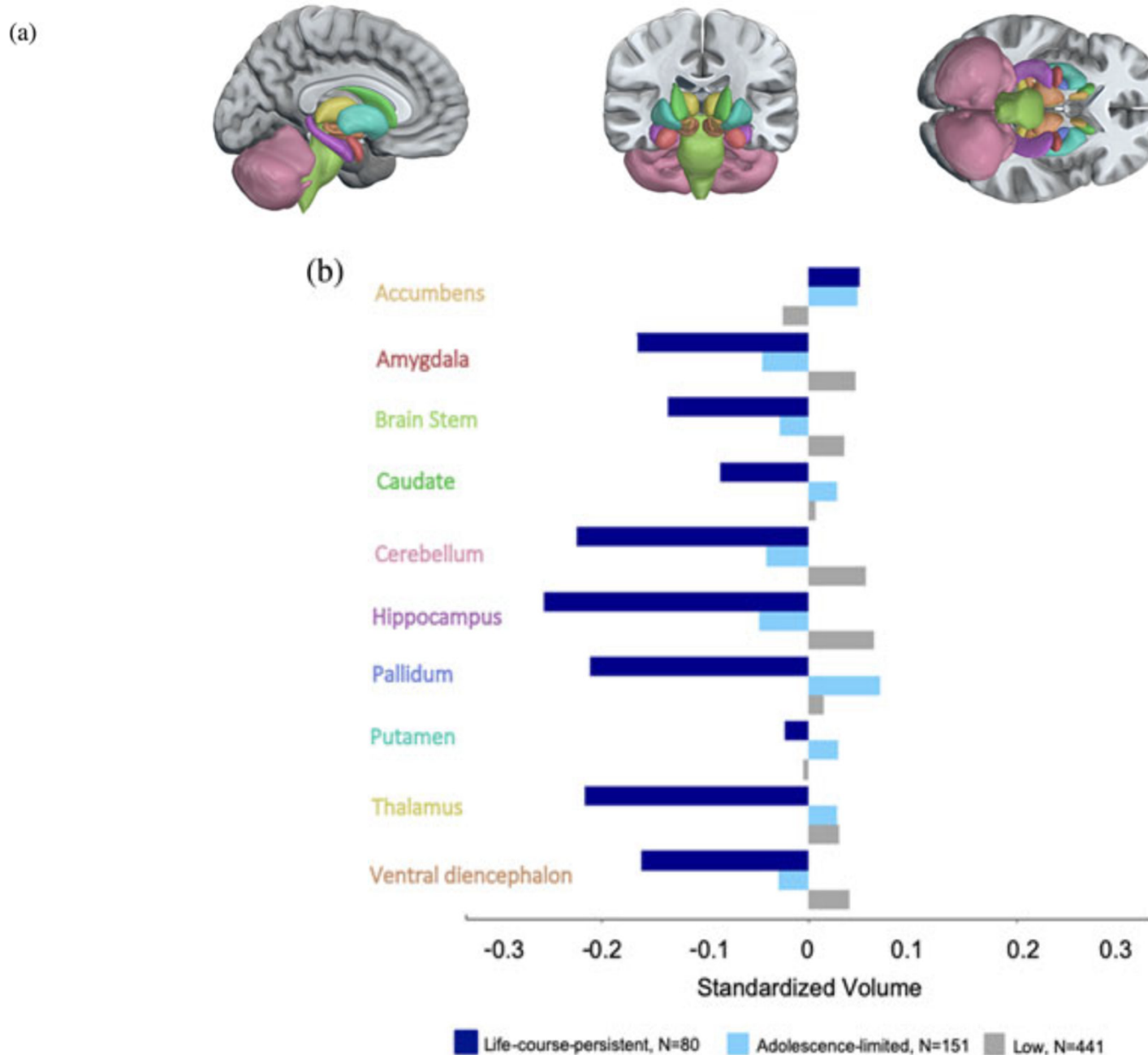
Darker = bigger *group* differences

Life-course persistent also had smaller surface area  
than adolescence-limited



Adolescent-limited did not differ from low-antisocial group

# Brain's subcortical gray-matter volumes were smaller in Life-course Persistent group



# Genetics and Adult Brain Structure

- Only the small *minority* of offenders who showed antisocial behaviour throughout their lives, from childhood well into adulthood, had any differences in genetics or in brain structure.
- The *majority* of offenders who break the law as young people *do not*.



**LCP are doing less crime in midlife,  
should we still worry about them?**

**An antisocial lifestyle may have  
biological consequences**

Studying aging outcomes....

Control for history of tobacco smoking.

Control for health measures in childhood, to test for decline from a youthful peak of health.

## 3-D Facial photography at Phase 45 in Dunedin



# These Dunedin cohort members are 45 years old



Composites of  
10 Dunedin  
Study cohort  
members,  
all born 1972.



Each  
composite is  
created from  
10 faces with  
Psychomorph.

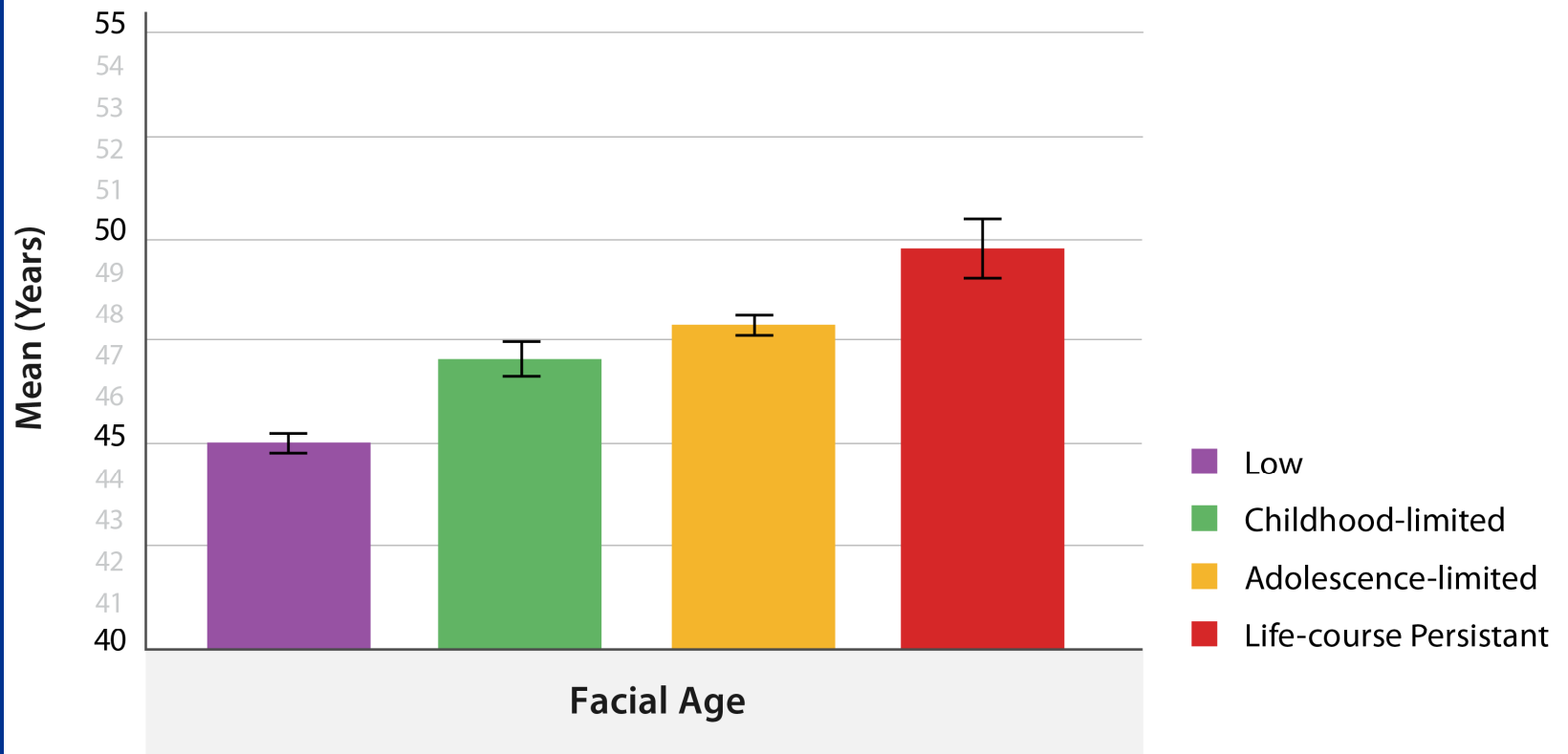
# These cohort members are 45 years old too



Fastest-aging 10  
Dunedin Study  
Cohort women  
and men

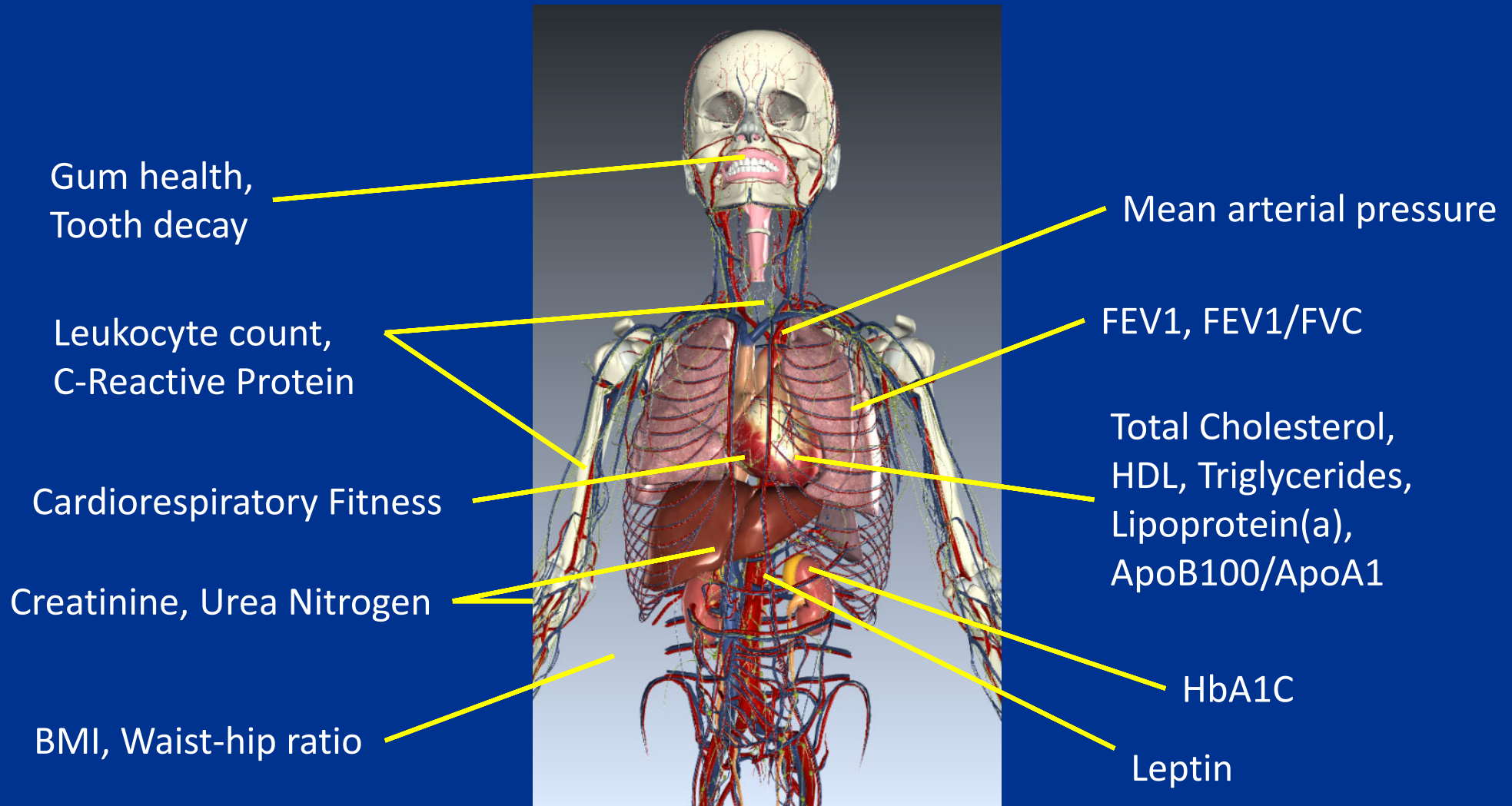
Elliott, Caspi... and Moffitt, *Nature Aging*, 2021

## Life-course Persistent Antisocial Behavior is Associated with Older Facial Age



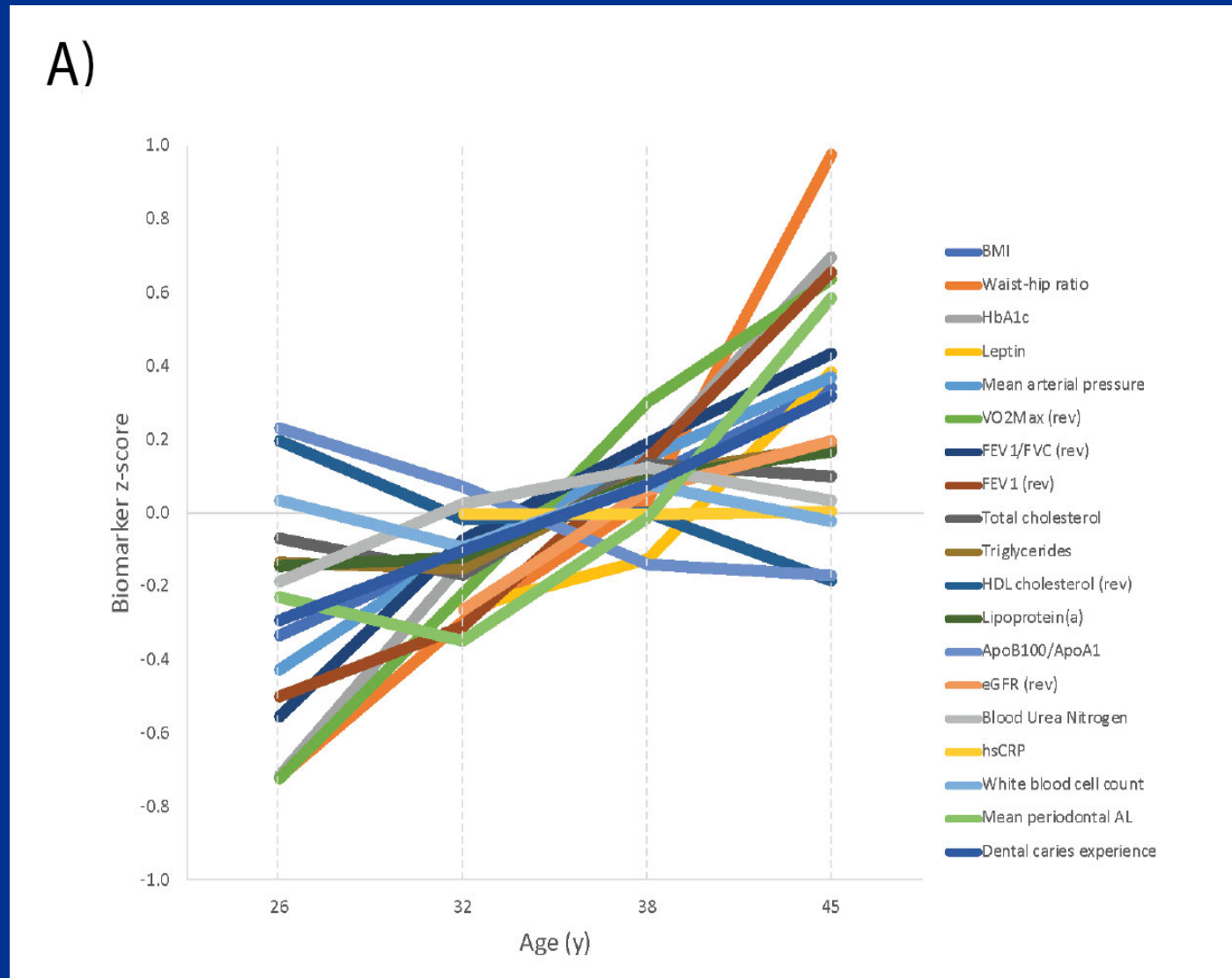


# 19 biomarkers track coordinated physiological deterioration: age 26, 32, 38, 45 years

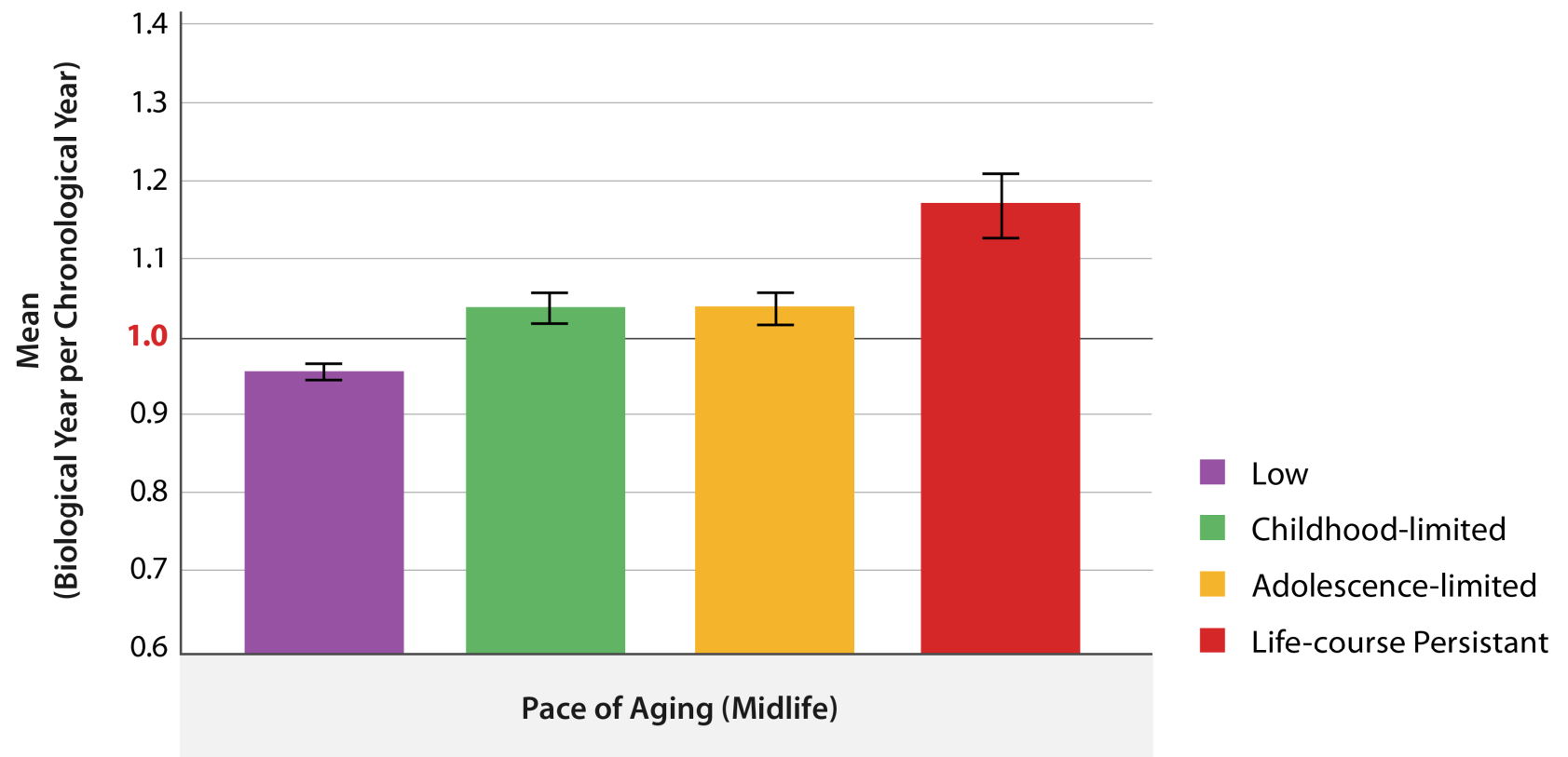




# Biomarker Panel: Correlated Worsening in Physiological Integrity from Age 26 to 45



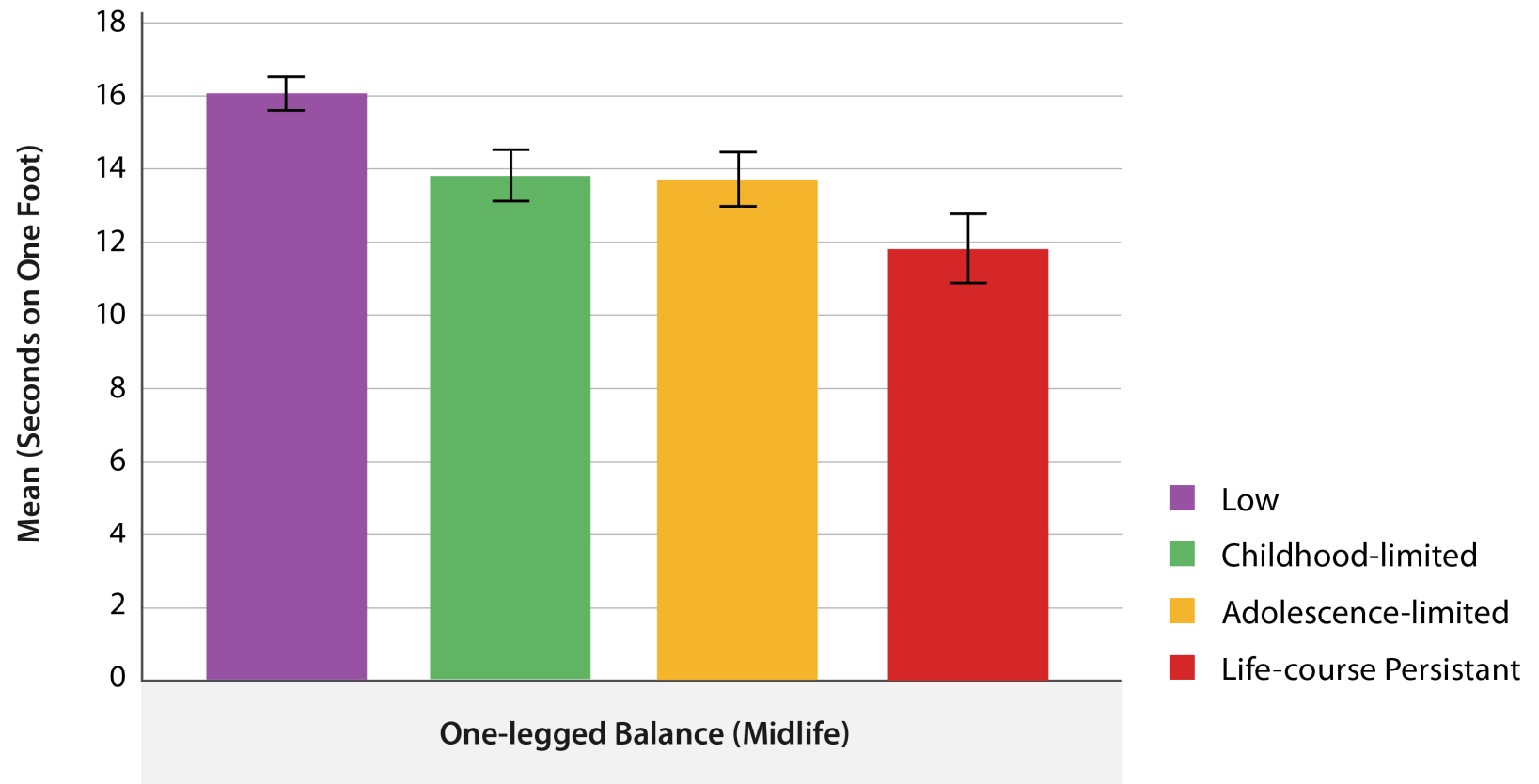
## Life-course Persistent Antisocial Behavior is Associated with Accelerated Whole-body Pace of Aging



# Physical function: one-leg balance



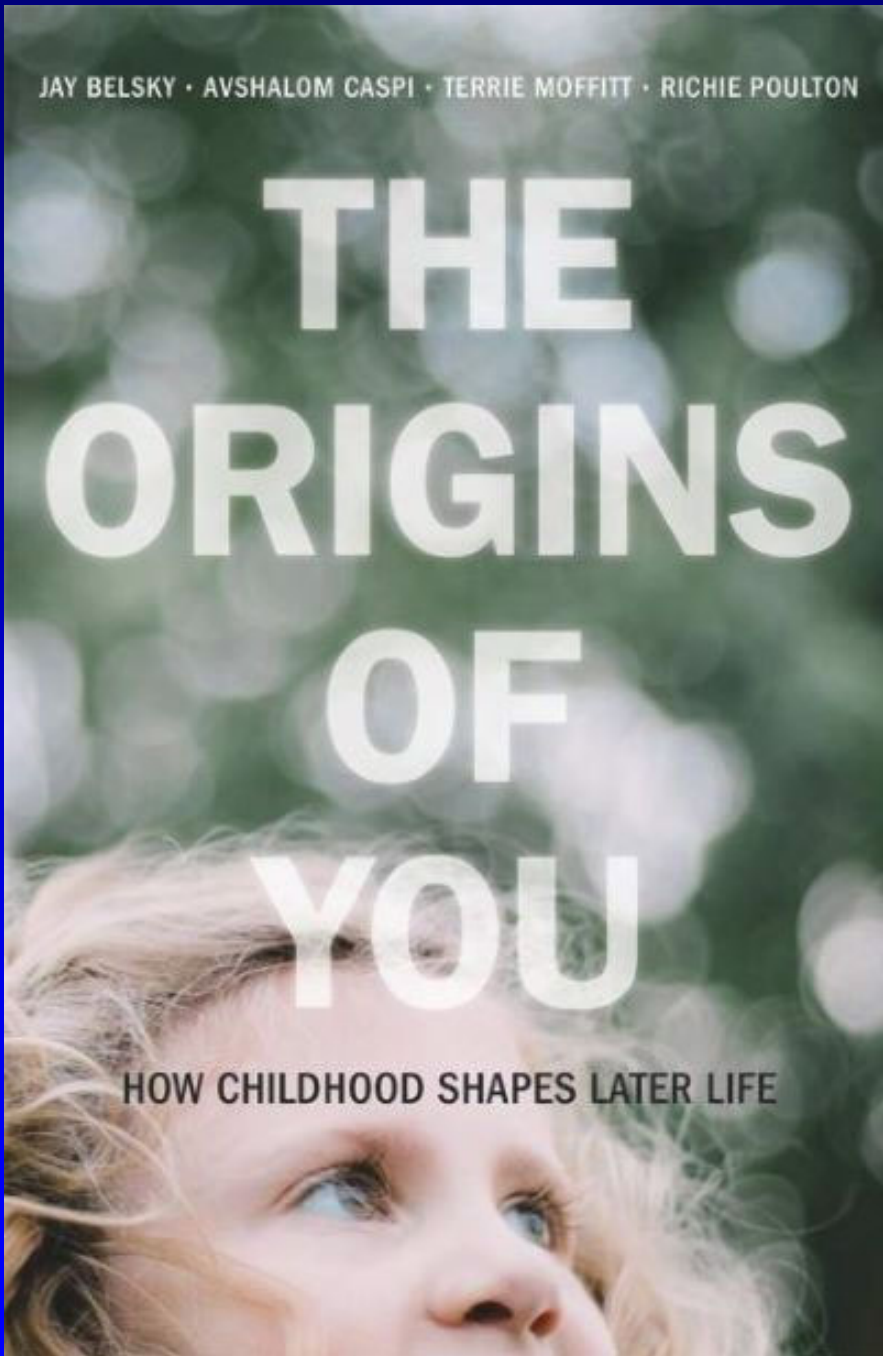
## Life-course Persistent Antisocial Behavior is Associated with Poorer Balance



JAY BELSKY • AVSHALOM CASPI • TERRIE MOFFITT • RICHIE POULTON

# THE ORIGINS OF YOU

HOW CHILDHOOD SHAPES LATER LIFE



Harvard University  
Press, 2020

# Tests of the taxonomy by other research teams in 16 countries, and nonwhite ethnic groups

- Moffitt, T.E. (2006).  
In D. Cicchetti & D. Cohen. Developmental Psychopathology, 2nd edition.
- Moffitt, T.E. (2018).  
Nature Human Behaviour.



# Implications for Prevention: Life-Course Persistent Offenders

- Half of the crime rate
- Small numbers, disproportionate societal costs
- Early-childhood primary prevention
- Public-health approaches to reduce infant neuro-developmental problems
- Multimodal approach: child, family, school, justice system
- A chronic cumulative condition needs life- long sustained intervention

# Implications for Prevention: Adolescence-Limited Offenders

- Other half of the crime rate
- Good candidates for positive change
- Healthy attachment bonds and good school achievement
- Stop deviant peer influences on them
- Prevent “snares” that may retard natural desistence: addictions, lost education, an official conviction record
- Diversion to give them a chance to reform

# IMPACT

- Difficult to trace provenance of an idea
- Real-world impact from science takes 17 years on average
- Once a finding is used, policy makers stop crediting the original publications

“For improving the lives of young people  
in conflict with the law around the world”



2018 award  
International  
Juvenile  
Justice  
Observatory

# IMPACT

- Hard for researchers to control use
- US Supreme court decisions:
- Death penalty for violent juveniles 2004
- Life without parole for juveniles 2009, 2017
- The 1993 theory was invoked to argue both sides

# IN THE Supreme Court of the United States

DONALD P. ROPER, Superintendent,  
Potosi Correctional Center,

v.

CHRISTOPHER SIMMONS,

Petitioner

Respondent

WRIT OF CERTIORARI TO THE SUPREME COURT OF MISSOURI



GRAINS! LEFT PAGE

# ST. LOUIS POST-DISPATCH

WEDNESDAY, NOVEMBER 10, 1999

## Court bars juvenile executions

A LOCAL CASE YIELDS A LANDMARK DECISION • 72 DEATH SENTENCES ARE THROWN OUT

**By Joe Simon**  
Staff Writer

**WASHINGTON** — The Supreme Court ruled Tuesday that the death penalty for juveniles is unconstitutional, ending the debate over whether it is capital punishment or just a cruel and unusual punishment.

The landmark ruling came in a case in which the Missouri Supreme Court had ruled that the death penalty for juveniles was unconstitutional. The Missouri Supreme Court had ruled that the death penalty for juveniles was unconstitutional. The Missouri Supreme Court had ruled that the death penalty for juveniles was unconstitutional.

**THE SUPREME COURT'S DECISION**

The majority opinion, written by Justice Stephen Breyer, said that the death penalty for juveniles is unconstitutional because it is cruel and unusual punishment. The majority said that the death penalty for juveniles is unconstitutional because it is cruel and unusual punishment.

**By The Staff**  
Staff Writer

**NEAR REACTIONS IN ST. LOUIS**

St. Louis County Prosecuting Attorney Robert S. McCullough called the ruling a "win for justice."

McCullough said that the ruling was a "win for justice" because it means that the death penalty for juveniles is unconstitutional. He said that the ruling was a "win for justice" because it means that the death penalty for juveniles is unconstitutional.

**Christopher Simmons**, 17, was the first juvenile to be sentenced to death in Missouri. He was sentenced to death in 1994 for the murder of a police officer. He was the first juvenile to be sentenced to death in Missouri.

2 April, 2022

Dear Professor Moffitt,

Your research helped me make the most difficult decision that I have faced in my 20 years on the bench: whether to sentence a 16-year-old to life without parole. The central issue was whether his youth should be considered in mitigation...I simply offer my thanks.

XXXXXX XXXXXX,  
Justice of the State Supreme Court





Duke  
UNIVERSITY

Institute of  
Psychiatry **KING'S**  
at The Maudsley *College*  
LONDON

